

Spirit Express



UNITY CENTER OF PEACE CHURCH

8800 Seawell School Road, Chapel Hill, NC 27516 ♦ Phone (919) 968-1854
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September 2004

From the Heart

The summer sun is waning and the cool nights of autumn will soon be upon us. I hope your summer was rejuvenating, fulfilling, and filled with enriching activities. With the fall, comes a sense of promise as we prepare for the next semester in the school of life.

Our lives are filled with many opportunities to learn and grow. How we respond to the circumstances in our lives serve as a barometer of our spiritual health and well being.

We are called to live our lives with love and responsibility. We are responsible for setting appropriate boundaries in our interpersonal relationships. We have the right to express our needs and emotions as long as we refrain from blaming or harming others. We also have the right to set limits and disengage ourselves from the destructive emotions and actions of others. Both of these acts of personal responsibility create respect and peace – both for others and for ourselves.

As we move into the autumn, I celebrate this community and honor each of you as you grow spiritually and emotionally. We are united in our quest for peace – for Unity, for the world, and for ourselves.

With Love,
Mark Malachi
Spiritual Teacher

UCP CONGREGANTS' ANSWERS TO THE QUESTION: "How do you describe the Unity Experience"?

I am just beginning my spiritual journey in earnest and prayed for guidance. I believe I was led here. I feel 'embraced' here. That it doesn't matter that I am a 'beginner'. It's O.K. when I bawl when I sing "Let There Be Peace on Earth"!! I feel like a PART of something, yet my individuality is respected. When I was growing up in a Southern Baptist Church, I often felt like an imposter and felt obliged to attend. HERE, I FEEL COMPLETELY MYSELF – I AM EVEN A **SANCTUARY**. I come because I genuinely feel invigorated afterwards. It gets me through the week. I feel so full of L♥ve and peace and harmony. I really WANT to come (WOW!). I am grateful for all this church has given me through this toughest time of my life. I am at home here!! Thank you, Mother, Father, God. (Oops. I wrote more than 2 sentences.) – *Anonymous*

BOARD BULLETIN

We can start now to further our stated Vision of: a self-creating community that constantly evolves as individual members grow and change. And expand upon our Mission to create a safe space and community for all. Let's begin to flesh out our Grand Intention for our Community, beyond current survival and maintenance:
To grow and prosper beyond what we have been and are being now.
To utilize our resources to their greatest potential.
To use our strengths and core competencies to bless others and the world. To follow Spirit into being what It needs Us to be in the world today

To explore unlimited Omnipotent—as our divine heritage: there are no chains that bind us.
To grow individually and collectively while blessing others in Love, and relationship by becoming our highest expression. This vision and grand intention is merely an expansion of what we already have become: a vibrant, loving, accepting, diverse community. Let us begin to further use our resources of land, well-placed, beautiful setting and the unlimited talents of our members to expand the promotion of Diverse, Interfaith Spirituality. (As many of us know, an essential foundational principle of Unity is that there are no wrong paths to God, all paths are valid, and all beings are worthy of love.) We have already joined resources with Sufis, Episcopalians, A Course in Miracles,

(Continued on page 2)

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(“Board Bulletin” continued from page 1)

dancers, musicians, High School students, hikers and more, willingly sharing this wonderful space, and other resources, especially the vibration of all of us. We can further join resources and intentions with these and others to expand this space to accommodate and bless many more. What we might see is an expanded, vibrant center with a focus on the themes of -Worship -Learning -and Practice. Every Sunday we already have at least three different services ongoing in our shared space. We have a loving daycare school, CHHS students, and others sharing this space. We can become a greater, even more diverse center of peace by joining resources with others in even greater ways, to build and develop multiple spaces for worship of various natures, and a common dining hall. With joint greater-community resources we can develop our 6+ acres into a teaching and learning center, where eclectic knowledge is housed in a state-of-the-art media center for on-site use, borrowing, and purchase. We can find other spiritual groups to partner with in developing retreat/practice centers where learning becomes internalized in this peaceful, natural setting. We will soon provide a space for bodywork or other healing practice, in addition to our ongoing spiritual healing work. As we expand in this way, we become an advanced

model of a peace community for the planet. These are some ideas to vision with. We need everyone’s input. Once we define our Intention, beyond where we are now, our expression of it will energize partners in our circles of influence who are ready to join with us. I affirm that we have the confidence and optimism to define and realize a Grand Intention, which will bless many others and us. It’s up to us to decide, dream, and act.

John Thomas, Board President

Visit this link for a beautiful and restful poem:
[http://www.panhala.net/Arc
 hive/Burnt_Norton.html](http://www.panhala.net/Archive/Burnt_Norton.html)
 Submitted by Gaines Steer

MEMBERS SPEAK: WE LISTEN

The UCPC Newsletter

staff has heard your comments from the last community meeting. In response, we will be adding several sections to our Newsletter. We hope you will enjoy them and participate in filling up the columns! The first is a “**Blessings and Burdens**” column, where members can (in 25 words or less), let the community know about the wonderful and exciting things happening in your life.

You may also ask for prayers for your hardships and sorrows. So, get those keyboards working and send us some news to print!

Our second new section will be a “**Birthday Corner**”. If your name and birthday does not appear in the proper month, give Eileen a call in the office and set the record straight. Happy Birthday to all in the new Birthday Corner this month.

A new “**Website Alerts**” section has started this month (*see back page*). If you or someone in your family sees a site that may be of interest to our community, please pass it along to the office so we can include it in this new section.

A “**Members Forum**” will be added as articles are submitted. Here, community related issues about which members feel strongly, can be publicized and individuals can express their feelings on the subject (*again, we ask that comments on the issue presented be kept to a maximum of 50 words or less*).

Some members may be interested in hearing about Sunday School & current classes– how well they were received, summary comments, teaching techniques and recommendations. So, we have designed a “**Class Comments**” section to be included in the Newsletter when each class is completed.

We are also considering a *Book Review* section and a segment to report on *Community Meetings*.

From time to time, we will be adding new columns and sections as the need arises. Please feel free to make suggestions and contribute articles, quotes, web sites and any other item of interest to our community.

Thank you all for your interest and participation.

**Marilyn &
Gaines**

SEPTEMBER 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">UNITY CARES</p> <p align="center"><i>We pray with these people during the month of September:</i></p> <p align="center"><i>Libby Ann Capaldi, Scott Elrod, Stacie McEntyre, Elaine Monbureau, Phyllis Obregon, John & Marilyn Oliver, Jean Parker, C.Ahnie Rising, Patricia Veenema, Gregory Wells and The Transzenders</i></p>			<p>1</p> <p>12:00 Noon Prayer</p> <p>♥ Song Circle 7:00-9:00 pm <i>upstairs classroom</i></p> <p>Wild Bunch AA 8:00 -9:30 pm <i>Sanctuary + Kitchen</i></p> <p>PR & Outreach Team 7:00 pm <i>Mark's Office</i></p>	<p>2</p> <p>RIF A'I MARUFI (SUFU) 9:00 - 12:00 midnight <i>Sanctuary + Kitchen</i></p> <p>Choir Rehearsal 7:30 pm</p>	<p>3</p>	<p>4</p>
			<p>5</p> <p>POTLUCK & COMMUNITY MEETING</p> <p>Adult Forum: 10:00 am</p> <p>11:00 Service Speaker: Mark Malachi "Our Divine Inheritance" Music: Joyful Noise Choir</p> <p>A Course In Miracles 7:30 pm <i>upstairs classroom</i></p>	<p>6</p> <p>RIF A'I MARUFI (SUFU) 8:00 - 11:00 pm <i>Sanctuary + Kitchen</i></p>	<p>7</p> <p>4T Prosperity Class 7:00 - 9:00 pm <i>Sanctuary & Kitchen</i></p>	<p>8</p> <p>12:00 Noon Prayer</p> <p>♥ Song Circle 7:00-9:00 pm <i>upstairs classroom</i></p> <p>Wild Bunch AA 8:00 -9:30 pm <i>Sanctuary + Kitchen</i></p> <p>Committee of 10 Meeting 7:00 pm <i>K&W Cafeteria</i></p>
<p>12</p> <p>Adult Forum: 10:00 am</p> <p>11:00 Service Speaker: Mark Malachi "Discover the Power Within You" Music: Matt Short</p> <p>Worship Committee: <i>After service</i></p> <p>A Course In Miracles 7:30 pm <i>upstairs classroom</i></p>	<p>13</p> <p>RIF A'I MARUFI (SUFU) 8:00 - 11:00 pm <i>Sanctuary + Kitchen</i></p>	<p>14</p> <p>4T Prosperity Class 7:00 - 9:00 pm <i>Sanctuary & Kitchen</i></p>	<p>15</p> <p>12:00 Noon Prayer</p> <p>♥ Song Circle 7:00-9:00 pm <i>upstairs classroom</i></p> <p>Wild Bunch AA 8:00 -9:30 pm <i>Sanctuary + Kitchen</i></p>	<p>16</p> <p>RIF A'I MARUFI (SUFU) 9:00 - 12:00 midnight <i>Sanctuary + Kitchen</i></p>	<p>17</p>	<p>18</p> <p>Dances of Universal Peace 7:30 - 9:30 pm <i>Sanctuary</i></p>
<p>19</p> <p>BOARD MEETING Adult Forum: 10:00 am</p> <p>11:00 Service Speaker: Mark Malachi "Let God Help You" Music: Annie Marra</p> <p>A Course In Miracles 7:30 pm <i>upstairs classroom</i></p>	<p>20</p> <p>RIF A'I MARUFI (SUFU) 8:00 - 11:00 pm <i>Sanctuary + Kitchen</i></p>	<p>21</p> <p>4T Prosperity Class 7:00 - 9:00 pm <i>Sanctuary & Kitchen</i></p>	<p>22</p> <p>12:00 Noon Prayer</p> <p>♥ Song Circle 7:00-9:00 pm <i>upstairs classroom</i></p> <p>Wild Bunch AA 8:00 -9:30 pm <i>Sanctuary + Kitchen</i></p>	<p>23</p> <p>RIF A'I MARUFI (SUFU) 9:00 - 12:00 midnight <i>Sanctuary + Kitchen</i></p> <p>CHOIR Rehearsal 7:30 pm</p>	<p>24</p>	<p>25</p>
<p>26</p> <p>Adult Forum: 10:00 am</p> <p>11:00 Service Speaker: Richard Jaffe "The Relevance of Buddha for Today" Music: Mark Malachi</p> <p>A Course In Miracles 7:30 pm <i>upstairs classroom</i></p>	<p>27</p> <p>RIF A'I MARUFI (SUFU) 8:00 - 11:00 pm <i>Sanctuary + Kitchen</i></p>	<p>28</p> <p>4T Prosperity Class 7:00 - 9:00 pm <i>Sanctuary & Kitchen</i></p>	<p>29</p> <p>12:00 Noon Prayer</p> <p>♥ Song Circle 7:00-9:00 pm <i>upstairs classroom</i></p> <p>Wild Bunch AA 8:00 -9:30 pm <i>Sanctuary + Kitchen</i></p>	<p>30</p> <p>RIF A'I MARUFI (SUFU) 9:00 - 12:00 midnight <i>Sanctuary + Kitchen</i></p> <p>CHOIR Rehearsal 7:30 pm</p>	<p>31</p> <p>Mystical Jewish Worship Service 7:30 pm <i>sanctuary</i></p>	
	<p>BIRTHDAY CORNER</p> <p>Happy Birthday to: <i>Terry Krauss, Elizabeth Thompson, Sara Smith, Janet Bratter and Joanne Dahill!</i></p>					

Unity's 11th Annual **WORLD DAY OF PRAYER** - Sept. 9, 2004. Unite our prayer consciousness together to raise the spiritual awareness of humankind. For over a decade, this sacred celebration has linked participants throughout the world in a time of prayer, faith, and pure oneness of spirit. UCP will have a special prayer service at 7:30 P.M. in conjunction with our interfaith Worship Service to honor this sacred day. Please join us for a time of prayer, meditation, music, and chanting.

We will also hold a prayer vigil all day in the sanctuary. Prayer slips will be available for you to list all those for whom you would like prayer. This is a wonderful opportunity to unite ourselves more deeply with the indwelling Christ and to serve through prayer. The affirmation for Sept 9th is: "*One with You, dear God, I am united with all creation. In this sacred moment of prayer, I open my heart in faith to You and to Your infinite blessings.*"

Website alerts

Visit **Amy Gillespie** and her projects in Africa at bouldercourse.com. Select the enter tab and click on the [tell you more](#) link. She is doing wonderful things and I think you will enjoy reading about her activities. *Check out the pictures on the bulletin board at church.*

Have you been to **Unity's website**? Visit unityworldhq.org and browse. It is a wonderful site and you can access several other links from the unity website.



Regular Office Hours: Main Office: 9:00 -2:00 Monday-Friday. Office will also be open on days that Mark is scheduled, as follows:

Monday - Off (*call only for emergencies*)
Tuesday - 11:00 - 5:00; Wednesday - On-Call;
Thursday - 11:00 - 5:00; Friday - On-Call
Home Phone: 932-5282 Cell Phone: 270-3983
e-mail: Mmal27@aol.com

Y.O.U. Prayer Line
24-Hour Prayer Line **968-1854**
neverpryalone@cs.com

Prayer Box (Front Foyer)

Silent Unity
Unity Village, Missouri
(816) 969-2000 (in English)
(816) 969-2020 (in Spanish)
Or
(800) 669-7729
(If you can't pay for the call)

Co-editors Marilyn Grubbs and Gaines Steer invite you to submit articles for this newsletter. You can e-mail them to Marilyn at: marilyngrubbs@juno.com or Gaines at: info@thelastunicorn.com by the 10th of each month. You may also drop off submissions in the box provided in the Church foyer.

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