

Spirit Express



UNITY CENTER OF PEACE CHURCH

Volume 11, Number 10

October 2005

From the Heart ♥

The Unity Movement provides us with powerful tools with which we can transform our lives. Subscribing to the Unity philosophy involves a bit more than merely believing in these revolutionary ideas. As with all spiritual paths the Unity Way requires commitment, focus and the willingness to ignore appearances.

To what or to whom are we committed? We are first and foremost committed to the unfoldment of our souls. This means learning how to recognize the still small voice within and then having the courage to listen and respond.

We are also called to be committed to the church community as a whole. At UCPC we are a family. We support each other emotionally and spiritually. We offer our wisdom and love to each other in order to buoy up all of us. We also offer our financial support to the church that it may continue to provide love and inspiration to so many.

Being a member of a Unity church also requires focus. According to Unity theology, all thoughts are prayers and have manifesting power. We are called to be vigilant about what we think, our attitudes, and our words. We believe in the power of mind action, that thought creates experience. It takes focus and concentration to use the mind to create love, peace, and well-being. This is part of what is available to us as members of a Unity church.

Finally in Unity one must be willing to ignore appearances. Despite how things look, we are to keep up the faith and hope that God knows what He/She is doing. This is especially true in the wake of hurricane Katrina. Despite the tragic and horrific devastation caused by Katrina, we are to keep the faith that this experience will be for the good for all those touched by it. There have been some incredible stories of generosity and courage. Tragedy gives us the opportunity to let go of the past and be renewed in spirit. It gives us the chance to see what we're made of. Despite appearances, God's love and goodness reigns supreme.

Namaste,
Mark

BOARD BULLETIN:

Board Focus #3: Youth Education

These are very exciting times at UCPC regarding EDUCATION. Machai St. Rain has just become our new Youth Education Coordinator and has hit the ground running! Having already organized the curriculum materials for easy preparation and implementation by weekly volunteer teachers, Machai will also make certain that the lessons are consistent with the spiritual teacher's weekly talk and that all materials and equipment are available. The youth curriculum will primarily be taken from Children on the Quest – a dynamic series based on Unity Truth Principles. As of the September 11th Education Meeting, volunteers have planned a transformation of the youth rooms, beginning Sept. 28th at 7 – 9 PM. Much needed are the contributions of education enhancing items, such as: TV/Video/DVD, radio/cassette/boom box, musical instruments - guitar, drum, etc. Let's check our garages and attics everyone! In addition to organizing and redecorating the rooms, the large, round, central table will be transformed into a Mandala design surface. Anyone wishing to help out, either with contribution of items or with participating in occasional youth teaching, is encouraged to contact Machai at 644-2677 or machaisaintrain@yahoo.com. And there's more . . . also, on the calendar is the exciting, new monthly teen arts night – Friday Night Live! – beginning Friday, October 7th from 8-10 PM. As for adult education: the Adult Forum continues to meet every Sunday at 9:45 AM, engaging in contemplation and discussion of selected articles from Unity Magazine and other sources. All welcome!

David Richter, Trustee

Board Liaison to Education

UNITY CENTER OF PEACE CHURCH ☞ 8800 Seawell School Rd. ☞ Chapel Hill, NC 27516 ☞ 968.1854

Spiritual Teacher: Mark Malachi 932-5282 mmal27@aol.com
Office Manager: Mariah Wheeler 942-7477 unitychapelhill@mindspring.com

Board of Trustees

Co-President: Barbs Burman 542-2774 barbsieb@yahoo.com
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Trustee: Richard Taylor 933-4452 rstaylor@mindspring.com
Spiritual Teacher: Mark Malachi 932-5282 mmal27@aol.com

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Bookstore: Michael McClusky 932-3892 mjmcc1@aol.com
Building & Grounds: Richard Taylor 933-4452 rstaylor@mindspring.com
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Music: Mark Malachi 932-5282 mmal27@aol.com
Prayer & Care: Lorraine Lewis 967-2215 lorrainelewis@earthlink.net
P/R & Outreach: Julie Cusatis 402-0878 jcusatis@earthlink.net
Spirit Express: Marilyn Grubbs 960-2604 mgrubbs@nc.rr.com
Co-Editor: Open
Usher Coordinator: Simon Kaplan 932-9635 cskaplan@netzero.com
Worship Committee: George Sharp 402-4226 -
Youth Education: Machai St.Rain 644-2677 machaisaintrain@yahoo.com

Different Country, Different Language, Same God

I love to go to other churches when I'm travelling. Last Sunday Freddy and I were in Venice, Italy, and we went to Mass at the magnificent Basilica of San Marco. The building is stunning from the outside, and even more beautiful inside, where the walls, rather than being painted, are covered with mosaics. They're so finely done that they look like paintings, and the background color is all gold mosaics which sparkle like light.

The service was conducted in Italian and Latin. As we listened to the lovely flow of the language, we looked at the art surrounding us – the stone sculptures, the 10-foot tall red chandelier in the shape of a four-way cross (no dove on it), the round pulpits along the sides, the mosaic floors on which our chairs sat, and the multiple domes, arches, and Latin writing in mosaics. Spirituality brings out the highest forms of art and creativity in humankind.

The music was glorious. Sitting in the eighth row, we could see the conductor waving his baton in a loft raised high and to the left of the altar, but we couldn't see the choir. The organ sounded magnificent. Ten priests conducted the service, and we had to stand and sit frequently. The beauty of the rituals and the communion transfixed us. We were asked to greet our neighbors by saying "Pace" (no hugs). The service ended with the Hallelujah Chorus. Oh, how beautiful to hear it in such a setting.

Afterwards, we strolled to a small side chapel of the Virgin Mother and her child. I don't kneel when I pray, not having been brought up in that tradition, but I felt, in that grandeur, a need. I gave Freddy my backpack and kneeled on a pew, and prayed to the God of my own understanding. I prayed from my heart for my health and Fred's, and for our relationship. I prayed for my children and grandchildren. I expressed gratitude for my life and its blessings.

I live my spirituality and my Unity principles, as best I can, wherever I go. I find Truth and beauty in all religions. This is from the Credo I heard at San Marco: "Credo in unum Deum...I believe in one God...Maker of Heaven and Earth, and of all things visible and invisible. Deum de Deo, lumen de lumine, Deum verum de Deo vero...God of God, light of light, true God of true God."

Helen Spielman

Miraculously Made

I am ... You are ... She is ... He is ... We are ...
They are ... ALL miraculously made!

When I recently spoke at Unity on this subject I encouraged people to share their spiritual gifts with each other during the service, face to face. I had received guidance that I too was to state my spiritual gifts at the end of the service. But I didn't. That is why I am writing this article. My spiritual gift is helping others to own their spiritual gifts; my spiritual challenge is to be as supportive of myself as I am of others.

As a child I was very sensitive. For the first half of my life that sensitivity was a source of distress. Now that I am embarking on the second half of life I have learned to use my sensitivity as my gift. During my training to become a psychotherapist I learned that if we had had one person who really saw us, heard us, felt us, and understood us, that was all we really needed in order to heal. Over the past 15 years as an energy worker I have practiced deeply seeing, feeling, listening to, and sensing others -- and watching miraculous healings.

In my quest for healing I have gone to many psychics, all of whom told me that I am an "empath" and spiritual clairvoyant, with the gift of healing and miracles. I am now coming out of the closet and claiming my place in our community and in God's kingdom.

For more information contact me at 968-4550 or fullspectrumhealings@yahoo.com. Thank you.

Love, **Laurie Brill**

September Community Meeting Notes

We had a lively, productive and well-attended community meeting on September 4 at 1:15 pm. We continued to discuss the meaning of Sanctuary. The sense of the discussion was that we wanted to post a large poster of our "Statement of Intent for Sanctuary," formerly known as the "Statement of Being" (which was printed in this newsletter previously and is currently available in the lobby) in order to introduce community members to our notion of Sanctuary. This statement suggests that the essence of Sanctuary is creating a community based on mutual respect and personal responsibility. A formal vote on whether or not to adopt the philosophy of Sanctuary will be held at a future membership meeting.

Also discussed was the World Day of Prayer Peace Vigil (which was held on September 8) as well as Peace Day 2006. A committee is forming now to decide how to proceed with next year's Peace Day. Please see Helen Dannatt if you wish to participate.

An announcement was made that the Strategic Planning team is reconvening and will be reviewing the current Mission and Vision Statements as well as updating the plan forged three years ago.

Finally, at the end of the meeting in an open forum, Pat Veenema suggested that we hold a Thanksgiving Dinner which people felt was a good idea. Please see contact the office for more information about this event.

Time for Class

I remember walking to math class when I was 16 years old. I recall some of my adolescent concerns, too. No different from what you were experiencing; just the particulars. Motivated by goals for the future, I arrived at class ready to learn. Every day my homework was done. Yesterday's lessons were learned. I wanted the knowledge. The teacher taught. I paid attention. Disciplined and focused, I kept up. The teacher was devoted to the content and presentation of the lesson. She knew the knowledge was valuable. The material was challenging but not overwhelming. Every day I left with a more comprehensive understanding; my "mathematical self" enhanced and transformed.

Occasionally my attention wandered to something unrelated. "Oh, there's Linda. Her hair sure is pretty. Maybe I'll ask her out." "Whoops! Oh-oh, I missed that last part." Up would shoot my hand, "Could you repeat that?"

Motivated to learn, I gave my attention to the lesson. I put aside my other interests, issues and concerns, and focused. I dismissed distracting thoughts and feelings that came into my awareness. I became one minded. I dedicated and surrendered my attention to the classroom experience to learn the mathematical lessons.

I'm not sixteen anymore but things haven't changed that much; just the particulars. Today, I'm interested to know more about my divinity, about God and my "Higher" self. I'm taking my attention to a new classroom located in a silent place within me. In school, I used corridors to get from room to room. Now I'm using prayer and meditation to get to the Hall of Silence where the Great Teacher is teaching. Motivated, I'm putting aside other interests, issues and concerns and focusing my attention.

The Great Teacher is presenting profound material at a level and pace that challenges me but is not overwhelming. And when I get distracted and miss some important point, the Great Teacher is willing to revisit the information until I get it. And of course, every time I come out of the Silence after a lesson, my understanding of God is more comprehensive, my human self is transformed and my awareness of my "Higher" self is enhanced.

"Gotta go... I'm off to class."

Michael McCluskey

Mjmcc1@aol.com

Kindermusik

is being held at UCPC for ages birth to seven. Led by Kim Wright, classes are held in the Sanctuary or upstairs Monday through Friday at various times during the day. Kim says, "Come join the fun! Your child will learn songs, dance, play instruments, and listen to stories. For more information about the program, visit the website: www.kindermusik.com or contact Kim Wright. Phone 260-7379 or email kimwright@nc.rr.com

UNITY CARES

We pray with these people during the month of:
October

Richard and Pat Yell

Alan McGrady

Jo Williams

Judy Bosniadis

Bobbie Hayes

Liz Thompson

Pat Callair


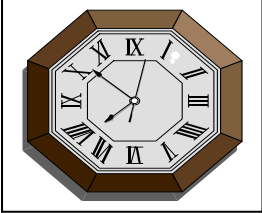
Ginger Massey

Kathleen Harris

Nancy Fire

Bart Urbanski

October 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kindermusik Schedule: <u>Mondays</u> 9 - 10:30am & 1:15 - 2:30pm; <u>Tuesdays</u> 9 - 1:30am; <u>Wednesdays</u> 9 - 10:30am & 3:45 - 5:15pm; <u>Thursdays</u> 9 - 11:30am; <u>Fridays</u> 9 - 10:30am & 1:15 - 2:30pm; <u>Saturdays</u> 8:45 - 11:45am						1 Rumi Fest 8am-midnight <i>sanctuary, kitchen</i>
2 Adult Sunday School: 9:45am 11:00 Service Speaker: Mark Malachi "The Healing System of Jesus" Music: Joyful Noise Choir POTLUCK & Community Meeting 1-2:30pm Angel Light Ceremony 6-9:15pm Sanctuary A Course In Miracles 7:30 pm <i>Mark's office</i>	3 Kindermusik RIF A'I MARUFI (SUF) 8 - 11pm <i>Sanctuary + Kitchen</i>	4 Kindermusik (Rosh Hashanna h) Lay Ministry 7-9pm <i>Sanctuary</i>	5 Kindermusik 12:00 Noon Prayer Wild Bunch AA 8-9:30pm <i>Sanctuary + Kitchen</i>	6 Kindermusik Heart Circle 7:15 - 9pm <i>upstairs</i> RIF A'I MARUFI (SUF) 9pm- 12am <i>Sanctuary + Kitchen</i>	7 Kindermusik Friday Night Live 8-10pm <i>sanctuary</i>	8 Kindermusik IFC Kitchen call Simon Kaplan 932-8858 to register Journey to Motherhood 9:30am - 12:30pm <i>sanctuary</i>
9 Adult Sunday School: 9:45am New Member Sunday 11:00 Service Speaker: Michael McClusky "The Secrets in the Silence" Music: Marilyn Grubbs Youth Ed Meeting 1pm The Intenders 2 - 5pm <i>sanctuary</i> A Course In Miracles 7:30pm <i>Mark's office</i> Happy Birthday Barbs	10 Kindermusik RIF A'I MARUFI (SUF) 8 - 11pm <i>Sanctuary + Kitchen</i> ◀ Mark	11 Kindermusik (No Lay Ministry) Away	12 Kindermusik 12:00 Noon Prayer Wild Bunch AA 8-9:30pm <i>Sanctuary + Kitchen</i> This Week	13 Kindermusik (Yom Kippur) Interfaith Worship 7:30pm <i>Sanctuary</i> RIF A'I MARUFI (SUF) 9pm- 12am <i>Sanctuary + Kitchen</i> ▶	14 Kindermusik ▶	15 Kindermusik Dances of Universal Peace 7:30 - 9:30pm <i>Sanctuary</i>
16 Adult Sunday School: 9:45am 11:00 Service Speaker: Mark Malachi "The Role of the Bible in Spiritual Development" Music: Helen Spielman Board Meeting 1 - 3:30 pm A Course In Miracles 7:30pm <i>Mark's office</i>	17 Kindermusik Full Moon Circle 7pm <i>outside</i> RIF A'I MARUFI (SUF) 8 - 11pm <i>Sanctuary + Kitchen</i>	18 Kindermusik Lay Ministry 7-9pm <i>Sanctuary</i>	19 Kindermusik 12:00 Noon Prayer Wild Bunch AA 8-9:30pm <i>Sanctuary + Kitchen</i> Community Connections Network 7-9pm <i>at K & W Cafeteria</i>	20 Kindermusik Heart Circle 7:15 - 9pm <i>upstairs</i> RIF A'I MARUFI (SUF) 9pm- 12am <i>Sanctuary + Kitchen</i>	21 Kindermusik	22 Kindermusik
23 Adult Sunday School: 9:45am 11:00 Service Speaker: Grace "Love Heals" Music: Mark Malach Grace's Workshop 1:30 <i>sanctuary</i> Worship Committee Meeting A Course In Miracles 7:30pm <i>Mark's Office</i>	24 Kindermusik RIF A'I MARUFI (SUF) 8 - 11pm <i>Sanctuary + Kitchen</i>	25 Kindermusik Lay Ministry 7-9pm <i>Sanctuary</i>	26 Kindermusik 12:00 Noon Prayer Wild Bunch AA 8-9:30pm <i>Sanctuary + Kitchen</i>	27 Kindermusik RIF A'I MARUFI (SUF) 9pm- 12am <i>Sanctuary + Kitchen</i> CHOIR Rehearsal 7:30pm	28 Kindermusik Mystical Jewish Worship 7:30pm <i>sanctuary</i>	29 Kindermusik  Remember to turn your clocks back 1 hour
30 Adult Sunday School: 9:45am 11:00 Service Speaker: Mark Malachi "Embracing the Shadow" Music: Machai St. Rain A Course In Miracles 7:30pm <i>Mark's Office</i> Daylight Savings Time Begins	31 Kindermusik RIF A'I MARUFI (SUF) 8 - 11pm <i>Sanctuary + Kitchen</i> Happy Halloween!					

UPCOMING EVENTS NOT TO MISS

Potluck & Community Meeting

October 2 after church

Friday Night Live! An exciting new monthly teen arts night with music, food & fun!

Oct. 7, 8 – 10pm

Interfaith Service Oct. 13, 7:30pm

Full Moon Circle Oct. 17, 7:00pm

Grace Speaks Workshop – Oct. 23, 1:30pm

Mystical Jewish Worship Service Oct. 28,
7:30pm

Daylight Savings Time Begins October 30



Main Office Hours:

Monday-Friday 11:00 am – 4:00 pm.

Mariah Wheeler, Office Manager

968-1854 unitychapelhill@mindspring.com

Spiritual Teacher's Hours:

Tuesday & Thursday- 11:00 - 5:00

Wednesday & Friday - On-Call

Mark Malachi, Spiritual Teacher

Home Phone: 932-5282 Cell Phone: 270-3983

e-mail: Mmal27@aol.com

UCPC Prayer & Care:

24-Hour Prayer Line **968-1854**

Prayer Box (Front Foyer)

Silent Unity **(800) 669-7729**

(816) 969-2000 (in English)

(816) 969-2020 (in Spanish)

www.silentunity.org

Email newsletter submissions to editor Marilyn Grubbs at:
mgrubbs@nc.rr.com, by the 10th of each month.

UNITY CENTER OF PEACE CHURCH

8800 Seawell School Road, Chapel Hill, NC 27516

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www.unitychapelhill.org

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