

# Spirit Express



UNITY CENTER OF PEACE CHURCH

Volume 11, Number 11

November 2005

## From the Heart ♥

I just love my new affirmation! “Everything in my life always works out perfectly!” With this affirmation, I trust that Spirit knows better than my ego how to run my life. I can surrender to the wisdom of Source and stop trying to control the events in my life. I can open to the flow of love in my life and ride a wave of Grace.

Everything in my life always works out perfectly. This is a prayer of comfort for me. I can let go of my fears and anxieties about outcomes, and trust that Highest Good is being made manifest now. When appearances are such that I am in doubt about how things will turn out, I return to the quiet knowingness that Higher Wisdom is at work in all situations in my life. My faith is strong as I affirm that everything is in Divine Order.

Affirmations are tools we can use to assist us in dealing with challenging circumstances. They enable us to shift our focus away from appearances, fears, and doubts, and onto the higher truth that God is in charge. Our affirmation is a present tense statement of truth that ignores appearances. It enables us to shift away from negativity, and onto a God-centered reality.

Everything in my life always works out perfectly! If you want your life to work out perfectly everyday, in every moment, in every situation, I invite you to try this affirmation and see what unfolds. I know that the power of your mind will create Highest Good for you, just as my God-Mind is creating Highest Good for me.

Blessings, **Mark**

## BOARD BULLETIN:

### Board Focus #4: Community Service/Social Action

I invite you to go within and ask yourself what community service/social action means to you or looks like to you individually, and what that might look like for UCPC collectively as a spiritual community. If there is some area related to this you are passionate about, we welcome you to join an existing project or committee or to spearhead a new one!

What are we already doing as a church community?

Every second Saturday of the month, several faithful volunteers serve lunch at the IFC (Interfaith Council) shelter. Thank you Simon Kaplan for your dedicated leadership! More Community Service/Social Action is one of the Board's 5 Areas of Focus. Volunteers are always welcome! Contact Simon at 932-9635.

From time to time, there have been collections taken up for a variety of causes – most recently, the Katrina Fund to support families relocating here from New Orleans. Others have included: Christmas projects (adopting a needy family; an Angel Gift Tree, etc.); IFC food donations; the CROP Walk, Easter baskets for Source Force AIDS patients; as well as other worthwhile causes.

In the spring of 2005, we hosted our first annual Peace Day with the intention of being a strong force for peace in

the surrounding community and in the world. The resulting Peace Crane Initiative will continue to generate peaceful energy in the world as these birds have “flown” to many individuals and organizations in need of peaceful reminders. Thank you Julie Cusatis for your vision and dedicated service to this cause.

Most recently, a Social Action Committee has been formed, chaired by Barbara Janeway & Helen Dannatt. Thank you, Barbara & Helen! Please attend their next meeting if you would like to explore the possibilities regarding environmental, educational, and social action issues. The power of prayer and meditation is a focus as well. Your input is welcome! Contact Barbara at 932-4469 or Helen at 824-3861.

Allow yourselves to be divinely inspired to create ways to expand this aspect of UCPC's service to the world. We look forward to hearing your ideas and having folks step forward to take action!

Peace & Blessings,

**Lorraine Lewis**

Board Liaison to Community Service/Social Action

**Unity Center of Peace Church 8800 Seawell School Rd., Chapel Hill, NC 27516 (919) 968-1854**

**Administration**

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**Board of Trustees**

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Ushers	<b>Simon Kaplan</b>	932-9635	<a href="mailto:cskaplan@netzero.com">cskaplan@netzero.com</a>
Worship	<b>George Sharp</b>	402-4226	
Youth Ed	<b>Machai St. Rain</b>	732-4363	<a href="mailto:machaisaintrain@yahoo.com">machaisaintrain@yahoo.com</a>

**OUR MISSION**

The Mission of Unity Center of Peace Church is to be a safe space and community for all of us to honor our likenesses and differences as expressions of Divine Love. We express this love by creating a balance between inner being and outer actions.

**OUR VISION**

Unity Center of Peace Church is a community that acknowledges the sacredness in all creation manifested through the Christ Consciousness within each of us. We live in honesty and integrity. We are a self-creating community that constantly evolves as the individual members grow and change.

**October Community Meeting Notes**

UCPC continues to have vibrant community meetings the first Sunday of every month following the service and potluck. On October 2<sup>nd</sup> we discussed Peace Day 2005 and our plans to create a similar event in 2006. The consensus was to create a Peace Day 2006, and a committee was formed to discuss how to go about making this happen.

We also discussed the Healing Room and decided to make it into a Chapel instead. The Chapel will be used for meditation, healing, classes, and meetings.

We concluded the meeting with an open council format that allowed each of the participants to share their heart truth with the group.

**Mark**

**Family Service**

On Sunday, Nov. 6, we will be having a special family service that will be "kid friendly." Children will be encouraged to remain in the Sanctuary with their parents. Mark will tell the story of Joseph from the book of Genesis and Joyful Noise Choir will lead the congregation in singing fun, upbeat songs. All are welcome to join the fun!

# A Willful Child's Path to Unity

As I approach my one year anniversary with Unity Center of Peace Church I feel compelled to reflect and share with you the most exciting experience and journey of my unfolding life experience.

As a child I was labeled a “willful child,” a characteristic frowned upon by the Baptist Church I attended from the age of three to sixteen. I constantly questioned and refused to believe that God was anything but love and he could not be against creative expression or dancing. The church gave up on me and referred to me as a “free spirit,” a label I actually enjoyed. They believed a free spirit was one who could not be controlled. I believed it to be a spirit who was free to find her way.

I knew God loved me and I prayed all the time. I felt many times a presence in my room that I could not explain when I would pray my prayers. I searched for spirituality constantly. I read books; the ones that come to mind in which I found comfort were Kahlil Gibran and Siddhartha. I attended different churches. I went to California and studied Ron Hubbard’s Scientology. I studied directly under Werner Ehrehardt. I took EST and loved it. I could never

buy into any of these practices completely but I continued my search. I dabbled in Buddhism, Taoism, I underwent psychoanalysis. I attended Christian Science Church but found the readers boring. I was always drawn back to the powerful new age writers and felt more alignment with them.

One day a friend of mine said to me, “You know, Judy, you think like a Unity person.” “How does a Unity person think?” I asked. “Like you,” they relayed. I still was not sure how I thought so I found this interesting. I gave it thought from time to time but was always too busy to look into what Unity was about. One morning I sat up straight in bed with the distinct overwhelming thought that I needed to go to Unity. The thought was so powerful that I reached for the phone book and looked up Unity Churches. I found one in Durham and one in Chapel Hill. They both were almost the exact distance from where I lived. With nothing more than instinct I dressed and headed toward Seawell School Road.

I arrived at Unity Center of Peace Church and heard Mark Malachi give a message which was articulate, clear and to the heart. I could not believe what I

was hearing. I knew I was hearing the truth. I felt like a disciple. I knew I had found my teacher. The next week I attended a program in which he danced in full costume. I laughed thinking of Salome and the dance of the seven veils and half way expected John the Baptist’s head to appear on a silver tray. I admired Mark and thought God must love this child for he was such an expression of creativity, joy and the experience of being true to himself. I witnessed him as a beautiful creation of God’s love of the ethereal child. I continue to be in awe of this talented spiritual leader.

I know that I am home and I know that Mark is my teacher and my spiritual leader and I know that I have been led here. I know that I am loved. I know that I am divine and that God lives within me and all of us. I understand the truth and I am a reflection of God’s love. I see God in everyone. I understand that it is God’s law and it is our divine inheritance. I give thanks that **I Am**.

**Judy Bosniadis**

## **Tim Veazey** in Concert at UCPC.

Nationally recognized vocalist, keyboardist, and songwriter, Tim Veazey, will be performing a solo concert Sunday, **November 13<sup>th</sup>**. Tim has had a long career . . .

## Shifting into Miracle Thinking!

On **November 20**, Rev.’s Margaret & David Hiller from Pawley’s Island, SC will be presenting a workshop entitled, “Shifting into Miracle Thinking” at 1:30 pm. Rev. Margaret Hiller, M.A. and Rev. David Hiller, M.Ed.,CHT have led healing & fear release seminars nationally for 25 years. Both are gifted healers and speakers. Rev. Margaret is currently the Spiritual Leader of Unity Christ Church.

The cost of the workshop is \$25. You won’t want to miss this opportunity to create miracles in your life! The Hillers will be our guest speakers for the Sunday, November 20 service. Both will be available for private healing sessions on Monday, November 21<sup>st</sup>.

## WHO I AM

Who am I?  
The Question asks  
I am the one who asks, says thee;  
Don't answer with another riddle, such as:  
"to be"  
Perhaps I am cousin to the wind;  
And brother to the sister: kin.  
Yeah poet, plead the question with a catch  
phrase;  
Or turn our cheek with religious craze.  
I am the source;  
The permanent one . . .  
Oh, you think you are God, I see;  
Well, yes and no and maybe so.  
For God's sake, you!  
Shut down this chatter, this lack of matter.  
Now once again, my friend.  
Who the hell are you?  
Just one who loves questions asked;  
like poet Rilke warming to the task.  
Once more look there inside;  
there's the answer: "to abide."  
Who am I?  
**I Am** that's who!  
And who you think, are you?

Anonymous UCPC member

## The *I Am* Concept explained . . .

*When people heard Jesus saying, "I am the light of the world," they thought he was referring to himself, that he was announcing that he was God, or God's special agent. But he was simply affirming the truth, or "throwing the switch." And he made it clear that each of us must also affirm the truth.*

*The true affirmation is: I AM. This was the key to Jesus' power; his affirmation and realization of I AM.*

. . .

*How did this I AM concept become obscure and lost, giving rise to the confusing concept of the divinity of Jesus? For the most part it was the result of faulty translations. A classic example is John 8:24. Your Bible probably renders this: "If ye believe not that I am he, ye shall die in your sins" (John 8:24, kjv). The word he was not in the original manuscript. The first translators could not understand that Jesus was simply affirming the truth: "Except ye believe that I AM . . ." The "I AM" does not need an object. Trying to be helpful, they inserted the he of their own volition. In a marginal notation in some Bibles it is indicated that the he was added for "clarity." Clarity! In actuality this one faulty translation has had as much responsibility as anything for the failure in Christianity to perceive the true mission of Jesus and the true focus of his teaching.*

excerpt: *The Universe is Calling* (from Unity Magazine by Eric Butterworth)

## Thanksgiving Day Feast

Everyone is invited to join in a traditional Thanksgiving Dinner on Thanksgiving Day, Nov. 24th at 1:00 PM. We will cook a turkey and stuffing in the church kitchen, and we hope you'll bring the rest (including vegetarian alternatives). Sign up on a poster in the foyer to bring a dish. After the meal, we'll take a walk in the woods behind the church, then return for pie and coffee! If you want to help organize or set up, contact Pat Veenema 370-9629 or Judy Bosniadis 260-0824.

# November 2005



## BIRTHDAY CORNER

**Happy Birthday to:** Maria Jaramillo, Michael Pjetraj, Terry Gasperina, Paula Sumner, Logan Paul, Natasha Teasley, Diane Diller, Dorothy McGee, Jo-Anne Roy, Mariah Wheeler, Sean Gasperino, Kim Hawks, C. Ahnie Rising, Linda Shaw, Deborah Dorland Bradley, Charlie Johnston, Jr., Bett Essen, Susanne Romev, Leslie Council, Jill Taylor, Walter Church, Pat Yell

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Kindermusik Schedule</b>  <u>Mondays</u> 9 - 10:30am &amp; 1:15 - 2:30pm; <u>Tuesdays</u> 9 - 1:30am; <u>Wednesdays</u> 9 - 10:30am &amp; 3:45 - 5:15pm; <u>Thursdays</u> 9 - 11:30am; <u>Fridays</u> 9 - 10:30am &amp; 1:15 - 2:30pm; <u>Saturdays</u> 8:45 - 11:45am</p>		<p><b>1</b>  <b>Lay Ministry</b>            7 - 9pm  <i>Sanctuary</i></p>	<p><b>2</b>            12:00  <b>Noon Prayer</b>  <b>Love-in Auction</b>            meeting 7pm <i>Mark's office</i>  <b>Wild Bunch AA</b>            8 - 9:30pm  <i>Sanctuary + Kitchen</i></p>	<p><b>3</b>  <b>RIF A'1 MARUFI (SUF)</b>            9pm - 12 midnight  <i>Sanctuary + Kitchen</i>    <b>Choir Practice</b>            7:30pm <i>Sanctuary</i></p>	<p><b>4</b>  <b>Friday Night Live</b>            8 - 10pm  <i>Sanctuary</i></p>	<p><b>5</b>  <b>UCPC Work Day</b>            noon - 4pm</p>
<p><b>6</b>            POTLUCK &amp; COMMUNITY MEETING 1-3:30pm  <b>Adult Forum:</b> 9:45am  <b>11am - 12:30pm Service FAMILY SERVICE</b>  <b>Speaker:</b> Mark Malachi "The Story of Joseph"  <b>Music:</b> Joyful Noise Choir  <b>7:30pm A Course In Miracles</b>  <i>Mark's Office</i></p>	<p><b>7</b>  <b>RIF A'1 MARUFI (SUF)</b>            8 - 11pm  <i>Sanctuary + Kitchen</i></p>	<p><b>8</b>  <b>Lay Ministry</b>            7 - 9pm  <i>Sanctuary</i></p>	<p><b>9</b>            12:00  <b>Noon Prayer</b>  <b>Strategic Planning</b>            7pm <i>Mark's Office</i>  <b>Wild Bunch AA</b>            8 - 9:30pm  <i>Sanctuary + Kitchen</i></p>	<p><b>10</b>  <b>Interfaith Worship</b>            7:30pm  <i>Sanctuary</i>    <b>RIF A'1 MARUFI (SUF)</b>            9pm - 12 midnight  <i>Sanctuary + Kitchen</i></p>	<p><b>11</b>  <b>A Call to Enlightenment Living in Oneness</b>            7-10pm  <i>sanctuary</i></p>	<p><b>12</b>  <b>IFC Kitchen</b>            call Simon Kaplan 932-9635 to register    <b>A Call to Enlightenment Living in Oneness</b>            8am- 9pm  <i>sanctuary</i></p>
<p><b>13</b>  <b>Adult Forum:</b> 9:45am  <b>11am - 12:30pm Service</b>  <b>Speaker:</b> Mark Malachi "Questions on the Path"  <b>Music:</b> Tim Veazey  <b>Youth Ed Meeting</b> 1:30pm  <b>Tim Veazey Concert</b>  <b>7:30pm A Course In Miracles</b>  <i>Mark's Office</i></p>	<p><b>14</b>  <b>RIF A'1 MARUFI (SUF)</b>            8 - 11pm  <i>Sanctuary + Kitchen</i></p>	<p><b>15</b>  <b>Lay Ministry</b>            7 - 9pm  <i>Sanctuary</i></p>	<p><b>16</b>            12:00  <b>Noon Prayer</b>  <b>Wild Bunch AA</b>            8 - 9:30pm  <i>Sanctuary + Kitchen</i>    <b>Community Connections meeting</b>            7pm  <i>K &amp; W Cafeteria</i></p>	<p><b>17</b>  <b>RIF A'1 MARUFI (SUF)</b>            9pm - 12 midnight  <i>Sanctuary + Kitchen</i></p>	<p><b>18</b></p>	<p><b>19</b>  <b>Dances of Universal Peace</b>            7:30 - 9:30pm  <i>Sanctuary</i></p>
<p><b>20</b>  <b>Adult Forum:</b> 9:45am  <b>11am - 12:20pm Service</b>  <b>Speakers:</b> Revs. Margaret &amp; David Hiller "Shifting to Miracle Thinking"  <b>Music:</b> Mark Malachi  <b>Board Meeting</b> 1:30 - 3:30pm  <b>Hiller Workshop</b> 1:30pm  <b>7:30pm A Course In Miracles</b>  <i>Mark's Office</i></p>	<p><b>21</b>  <b>RIF A'1 MARUFI (SUF)</b>            8 - 11pm  <i>Sanctuary + Kitchen</i>    <b>Revs. Margaret &amp; David Hiller Counseling &amp; Healing Sessions</b></p>	<p><b>22</b>  <b>Lay Ministry</b>            7 - 9pm  <i>Sanctuary</i></p>	<p><b>23</b>            12:00  <b>Noon Prayer</b>    <b>Wild Bunch AA</b>            8 - 9:30pm  <i>Sanctuary + Kitchen</i></p>	<p><b>24</b>      <b>office closed</b></p>	<p><b>25</b></p>	<p><b>26</b></p>
<p><b>27</b>  <b>Adult Forum:</b> 9:45am  <b>11am - 12:30pm Service</b>  <b>Speaker:</b> Mark Malachi "Gratitude: The Way In"  <b>Music:</b> TBA  <b>Put up Christmas Tree</b>  <b>7:30pm A Course In Miracles</b>  <i>Mark's Office</i></p>	<p><b>28</b>  <b>RIF A'1 MARUFI (SUF)</b>            8 - 11pm  <i>Sanctuary + Kitchen</i></p>	<p><b>29</b>  <b>Lay Ministry</b>            7 - 9pm <i>Sanctuary</i></p>	<p><b>30</b>            12:00  <b>Noon Prayer</b>    <b>Wild Bunch AA</b>            8 - 9:30pm  <i>Sanctuary + Kitchen</i></p>	<p><b>UNITY CARES</b>            We pray with these people during the month of November: <a href="#">Cathy Rise</a>, <a href="#">Terry Melville</a>, <a href="#">Ferris Buhler</a>, <a href="#">Jay Meadors</a>, <a href="#">Martha Isleib</a>, <a href="#">Karli Rabe</a>, <a href="#">Rebecca Ripperton</a>, <a href="#">Paula Shile</a>, <a href="#">Irene and Hilton Lee</a>, <a href="#">Carol Wills</a>, and <a href="#">MJ Tucci</a></p>		

## UPCOMING EVENTS NOT TO MISS

**Friday Night Live!** An exciting monthly teen arts night **November 4, 8 – 10pm**

**Potluck & Community Meeting November 6**  
after church

**Tim Veazey Concert November 13**

**Revs. Margaret & David Hiller Workshop**  
**November 20**

Thanksgiving at UCPC November 24

### Software Wanted

Donation of a very nice Clip Art or Graphics program for Newsletter and other church publications.



#### Main Office Hours:

Monday-Friday 11:00 am – 4:00 pm.

Mariah Wheeler, Office Manager

968-1854 [unitychapelhill@mindspring.com](mailto:unitychapelhill@mindspring.com)

#### Spiritual Teacher's Hours:

Tuesday & Thursday- 11:00 am - 5:00 pm

Wednesday & Friday - On-Call

Mark Malachi, Spiritual Teacher

Home Phone: 932-5282 Cell Phone: 270-3983

e-mail: [Mmal27@aol.com](mailto:Mmal27@aol.com)

#### UCPC Prayer & Care:

24-Hour Prayer Line **968-1854**

Prayer Box (Front Foyer)

Silent Unity (800) 669-7729 [www.silentunity.org](http://www.silentunity.org)

(816) 969-2000 (in English)

(816) 969-2020 (in Spanish)

Email newsletter submissions to editors: Marilyn Grubbs at [mgrubbs@nc.rr.com](mailto:mgrubbs@nc.rr.com), or Michael McCluskey at [mjmcc1@aol.com](mailto:mjmcc1@aol.com) by the 10<sup>th</sup> of each month.

#### UNITY CENTER OF PEACE CHURCH

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