

# Spirit Express



UNITY CENTER OF PEACE CHURCH  
Volume 12, Number 3

March 2006

*Dear Unity Family,*

*Most of you are aware of the recent developments with Mark, but in case you haven't heard we want to give a brief summary. On Saturday evening, February 11, Mark was giving a performance at Unity of Greensboro when he suffered a massive heart attack. He was taken to Moses Cone Hospital, where he has been making what his medical personnel consider a miraculous recovery. Of course, those of us who have been holding vigils for him, praying non-stop, and visualizing him in radiant health know what is causing those miracles! The best way for us to support him continues to be through our prayers, as well as through donations to help with all his expenses. See the back page for an announcement about a benefit concert for Mark, which will be the first of a series.*

*As you can see, Mark's "From the Heart" article was written the day before his heart attack, and it is particularly moving in light of all that has happened. I know that the members of UMMAS are aware of his condition and will continue to offer their love and support to all of us. I also feel certain, the depth and commitment to Spirit, that Mark sees in us are growing by leaps and bounds through this time.*

*Love, Marilyn Grubbs*

*From the Heart (written Feb. 10, 2006) ♥*

This month I had the opportunity to attend a quarterly meeting of UMMAS (Unity Ministers of the Mid-Atlantic States) in Augusta, Georgia. UMMAS is the sub-region within the Southeastern Region. We have, I'm told, the most active and supportive sub-region in the country. I saw that in action this month. The other ministers and spiritual leaders were eager to welcome me into their group, offering love, support, and advice to the new man in town. I had the chance to see and hear how all the other churches in the sub-region are doing, and I learned quite a bit in the process.

First, I noticed how human all the ministers were. They all had egos. They all had their share of physical, mental, emotional, and spiritual challenges. All present walked the tightrope of aspiring to live according to the Unity principles while slipping back into old, ineffective modes of thinking.

Next, I noticed that all the other ministers were dealing with the same issues that we deal with here: how to create community; how to attract and retain members; how to deal with challenging personalities; how to apply the unity principles in guiding and leading the business aspects of running a church.

Finally, I came to the conclusion, as I always do whenever I leave Chapel Hill, that we are extremely lucky here at UCPC. We have an extremely bright, creative, spiritual, and authentic congregation. I feel grateful and fortunate to be serving such an incredible group of people. When I observe what else is out there, I thank God that I have my beautiful sisters and brothers here at UCPC as my spiritual family. We are unique in our depth and commitment to Spirit. I see us striving as we carry on with the great work of creating peace and wholeness at UCPC. Thank you for joining me in this sacred endeavor.

*Love, Mark*

## **Board Bulletin: March, 2006**

Welcome new Trustees!

Congratulations and THANK YOU to Sofianna Solem, Hilton Lee, Pat Veenema, and Helen Dannatt. They answered the call to serve on our Board of Trustees, and were elected by unanimous acclamation at our UCPC Annual Membership Meeting on Sunday, 5 February 2006. (Continued on Page 2)

**Unity Center of Peace Church 8800 Seawell School Rd., Chapel Hill, NC 27516 (919) 968-1854**

Email: [unitychapelhill@mindspring.com](mailto:unitychapelhill@mindspring.com), Website: [unitychapelhill.org](http://unitychapelhill.org)

**Regular Business & Bookstore Hours:**

**Mon., Wed. Fri. 9am – 2pm, Tues. & Thurs. 11:00 am – 4:00pm**

**Sunday Bookstore Hours: 10:30 - 11:00am & 12:30 – 1:00pm**

Administration

Spiritual Teacher	Mark Malachi	968-1854 or 932-5282
Office Manager	Mariah Wheeler	968-1854 or 942-7477
Music Director	Mark Malachi	968-1854 or 932-5282

Board of Trustees

President:	Barbs Burman	663-3301
Vice-President:	Julie Cusatis	402-0878
Treasurer:	Pat Veenema	308-5653
Secretary:	Claudia Kaplan	932-9635
Trustee:	Helen Dannatt	824-3861
Trustee:	Hilton Lee	732-8585
Trustee:	David Richter	929-5969
Trustee:	Sofianna Solem	932-5273
Member:	Mark Malachi	932-5282

Organizational Spheres

<b>Worship</b> - Intention to express our spirituality	Board Steward: Helen Dannatt
<b>Education</b> – Intention to teach & learn	Board Steward: David Richter
<b>Inreach</b> – Intention to connect with each other	Board Steward: Hilton Lee
<b>Outreach</b> – Intention to connect with the community	Board Steward: Sofianna Solem
<b>Development</b> – Intention to grow	Board Steward: Julie Cusatis/ Pat Veenema
<b>Administration</b> – Intention to steward what we have	Board Steward: Barbs Burman

Bookstore	Judy Bosniadis	260-0824	<a href="mailto:bosniadidj@hpw.com">bosniadidj@hpw.com</a>
Bldg. & Grounds	Richard Taylor	933-4452	<a href="mailto:rstaylor@mindspring.com">rstaylor@mindspring.com</a>
	Machai St. Rain	732-4363	<a href="mailto:machaisaintrain@yahoo.com">machaisaintrain@yahoo.com</a>
Floral Coordinator	Helen Spielman	929-4520	<a href="mailto:hbs@email.unc.edu">hbs@email.unc.edu</a>
Education	David Richter	929-5969	<a href="mailto:davidrichter@hotmail.com">davidrichter@hotmail.com</a>
Finance	Nancy Smith Krauss	932-1227	<a href="mailto:nsmithcns@cs.com">nsmithcns@cs.com</a>
Prayer & Care	Lorraine Lewis	967-2215	<a href="mailto:lorrainelewis@earthink.net">lorrainelewis@earthink.net</a>
Social Action	Barbara Janeway	932-4469	<a href="mailto:bjaneway@mindspring.com">bjaneway@mindspring.com</a>
	Helen Dannatt	824-3861	<a href="mailto:hdannatt@us.ibm.com">hdannatt@us.ibm.com</a>
UsherCoord.	Simon Kaplan	932-9635	<a href="mailto:cskaplan@netzero.com">cskaplan@netzero.com</a>
Worship	George Sharp	402-4226	
Youth Ed	Machai St. Rain	732-4363	<a href="mailto:machaisaintrain@yahoo.com">machaisaintrain@yahoo.com</a>

**OUR MISSION**

The Mission of Unity Center of Peace Church is to be a safe space and community for all of us to honor our likenesses and differences as expressions of Divine Love. We express this love by creating a balance between inner being and outer actions.

**OUR VISION**

Unity Center of Peace Church is a community that acknowledges the sacredness in all creation manifested through the Christ Consciousness within each of us. We live in honesty and integrity. We are a self-creating community that constantly evolves as the individual members grow and change.

(Board Bulletin, continued from Page 1)

We also said a happy and tearful thank you to Nancy Smith Krauss (Treasurer), Lorraine Lewis, and Shawna Donaldson (Secretary) for their two years, and Richard Taylor for his year, as Trustees. They served valiantly and we are grateful for all that each of them did. We couldn't have done it without them! At this meeting, we also introduced our newly designed Organizational Structure. We have described our six "Spheres of Intention", surrounding our core reason for being UCPC. In the center is God/ All That Is/ the I AM Presence. The surrounding six "spheres" are: (1) Worship: our intention to express our spirituality; (2) Education: our intention to teach and learn; (3) Administration: our intention to steward what we have; (4) Inreach: our intention to connect with each other; (5) Outreach: our intention to connect with our community; and (6) Development: our intention to grow.

Our responsibility as Trustees is to steward these "spheres"; we will be reporting on each of these in subsequent newsletter issues. We look forward to a wonderful year full of connection, action, and growth, especially since we are doing this together!

Namaste, *Barbs Burman*, President, UCPC Board of Trustees

## Lecture on Heaven? ... Heaven?

As a Libra, I'm always seeking balance. In spiritual terms this means balancing left brained, rational, intellectual activities such as reading, thinking about spiritual ideas, and petitioning prayer (asking for desired outcomes) with right brained, receptive, intuitive pursuits such as meditation, chanting, and abiding prayer (receiving guidance from Spirit). When weighing these activities in your spiritual life, how does your scale balance?

We live in a culture that values doing above being, accomplishing above allowing, activity above receptivity. (When was the last time *you* got an award for taking a nap, day dreaming, or spacing out?) Yet, this is when I receive my clearest guidance. In college I took a class called "Creativity" in which I learned that famous inventors experienced breakthroughs when they took a break from their work and let their intuitive right brains provide the insight needed to create a new concept or invention.

So if your scale is tipped too much toward doing and less toward being, come abide in the presence of Spirit: Monday night healing circle 7-8 PM, Tuesday prayer time 1-2 PM, Wednesday prayer 12 - 12:30 PM, or Sunday meditation 9:30 - 10:30.

*Laurie Brill*

You came gently to me on angel wings.  
You opened my heart and filled it with love.  
Where there was fear, you gave me strength  
Where there was doubt, you replaced it with positive clarity.  
You touched the edge of my sadness and gave me joy.  
I could feel your presence, your envelopment of my spirit.  
I saw beauty. I felt beautiful. I knew GOD that you are always a part of me.  
Thanks for letting me share my thoughts. I hope your life's journey is peaceful.

*Mary McDevitt*

Local Musicians Rally Together . . .  
concert series to benefit Mark Malachi

1<sup>st</sup> in the series

**"Surrounded By Light"**

**Friday, March 10, 7:30pm**

**at The ArtsCenter in Carrboro**

with Jewelsong - The Transzenders  
Tim Carless - Cluckin' A with AC Bushnell on Fiddle -  
and more . . .

2<sup>nd</sup> in the series - Benefit Concert:

**The Grand Oneness of All**

**featuring a night of women performers**

Saturday, March 25, 7:30pm

**at Eno River Unitarian Fellowship, 4907  
Garrett Rd., Durham, NC**

Divisi (all women a cappella, from Oregon)  
Machai St.Rain, Gabriella Tal, Janet Bratter, and more

**Rummage Sale - April 15 at UCPC -  
details to follow**

Contact Mariposa Linden, linden-13@earthlink.net or 960-5092  
for info or to offer raffle or silent auction items.

### UCPC Potluck & Community Meeting

**Sunday, March 5, 1:00 - 3:30pm**

*We'll dedicate the Outdoor Sanctuary  
worship space with a prayer for Mark's  
continued recovery, then have time with  
help from Rev. Catherine Padgett to  
share and process what's in our hearts  
about Mark.*

UCPC Social Action Committee presents  
Judy Bosniadis speaking on

**Affordable Housing in Chapel Hill**

Monday, March 27th 7:00-8:00pm

There is no reason why working people should not be able to own their own home. Developers are required to put 20% of their projects into affordable housing. Judy will talk about qualification requirements, available options and programs. She will give a brief overview of the vast array of mortgages and foreclosure opportunities available in some very desirable areas to new home-owners or people with no money down. Contact Barbara Janeway at 919.932-4469 or the UCPC Office at 919.968-1854.

I am centered in the consciousness of my heart.

I            I  
Am          Am

My heart beating

I am, I am, I am, I am.

I am, I am, I am, I am, I am.

I am, I am, I am, I am, I am.

When I ask my heart questions,

I am, I am, I am, I am, I am.

My heart thoughts say

I love you, trust me.

I am, I am, I am .

Keep doing what

you're doing.

I am, I am.

Never fear.

I am.

Yes

\*

I am centered in the consciousness of my heart.

Lower the screen of anxiety

And doors will open that

will mystify you with their serendipity.

You'll find something wonderful

that you didn't expect to find.

Lower your screen of anxiety,

and with great expectation,

watch your world of good

unfold before you.

Submitted by Pat Deenema

### Keep a True Lent

Affirm the power of Christ Spirit indwelling in all using Charles Fillmore's book *Keep a True Lent*, (for sale in the UCPC bookstore). Shawna Donaldson will lead this class **beginning March 7, Tuesday nights for 6 weeks, 7 - 9pm.** Shawna says, "In keeping with Mark's intention to further our spiritual growth, by offering continuing education, I am honored to facilitate a study group focused on Charles Fillmore's book, *Keep a True Lent*." Won't you please join me for this powerful lenten experience. I look forward to our time in the study of *Keep a True Lent*. - Shawna Donaldson.

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### New Writer's Group!

Nancy Peacock, author of *Life Without Water*, will be facilitating "Writing From the Heart," a structured drop-in writer's group that will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of March (11<sup>th</sup> & 25<sup>th</sup>), April (8<sup>th</sup> & 22), and May (13<sup>th</sup> & 27<sup>th</sup>) in the Chapel from 10am - noon. Participants will write together using prompts, and share in a non-threatening and supportive environment. Love offering accepted. Refreshments provided. All are welcome.

## UPCOMING EVENTS NOT TO MISS

Potluck Mar. 5 after the service

### UCPC's Outdoor Sanctuary Inauguration at the Community Meeting

We will bless the Outdoor Sanctuary space and inaugurate its ceremonial use. We invite the presence of the Earth Mother and the Divine Light shining through nature to join us in sending love and healing to our beloved Mark.

### BENEFITS FOR MARK MALACHI

*"Surrounded by Light"*

#### Benefit Concert for Mark

Friday, March 10 7:30pm at the Art Center in Carrboro  
Performers will include Jewelsong, The Transzenders, Cluckin' A with AC Bushnell on Fiddle, Tim Carless and more!

**The Grand Oneness of All**  
*featuring a night of women performers*

Saturday, March 25, 7:30pm

**Eno River Unitarian Fellowship, Garrett Rd., Durham**  
*featuring -Divisi (all women a cappella, from Oregon)*  
Machai St.Rain, Gabriella Tal, Janet Bratter, ect.

**Rummage Sale - April 15 at UCPC - details to follow**



### Main Office Hours:

Mon., Wed. & Fri. 9am – 2pm

Tues. & Thurs. 11am – 4pm

Mariah Wheeler, Office Manager

968-1854 [unitychapelhill@mindspring.com](mailto:unitychapelhill@mindspring.com)

### Spiritual Teacher's Hours:

Tuesday & Thursday 12 - 5pm

Wednesday & Friday On-Call

Mark Malachi, Spiritual Teacher

Home Phone: 932-5282 Cell Phone 270-3983

email [Mmal27@aol.com](mailto:Mmal27@aol.com)

### UCPC Prayer & Care:

24-hour Prayer Line 968-1854

Prayer Box (Front Foyer)

Silent Unity (800) 669-7729

[www.silentunity.org](http://www.silentunity.org)

(816) 969-2000 (in English)

(816) 969-2020 (in Spanish)

Email newsletter submissions to editors:

Marilyn Grubbs, [mgrubbs@nc.rr.com](mailto:mgrubbs@nc.rr.com), or

Michael McCluskey, [mjmcc1@aol.com](mailto:mjmcc1@aol.com) by the 10<sup>th</sup> of month.

### UNITY CENTER OF PEACE CHURCH

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To remove your name from our mailing list, call 968-1854  
or email us at [unitychapelhill@mindspring.com](mailto:unitychapelhill@mindspring.com)

[www.unitychapelhill.org](http://www.unitychapelhill.org)

March 2006





UCPC is a Member of the Association of Unity Churches

♥ **Prayer Vigil for** ♥  
**Mark Malachi**  
 nightly, 7 - 8pm in Chapel

# March 2006

♥ Benefit Concerts for Mark  
 "Surrounded by Light" Mar. 10  
 "The Grand Oneness of All" - Mar. 25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b>UNITY CARES</b></p> <p align="center"><i>We pray with these people during the month of:</i>  <b>Laurie Brill, Rietta &amp; Lisa Couper, Marilyn Grubbs,            Nancy Jeannechild, Michael McCluskey, Anna Mohler,            Wendy Smith, Nancy Smith Krauss, Mike Vann,            Gregory Wells, Mariah Wheeler, &amp; Carol Wills</b></p>			<p align="center"><b>1</b>            12:00 Noon            Prayer</p> <p>Wild Bunch AA            8-9:30pm  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>2</b>            CHOIR Rehearsal            7:30 pm</p> <p>RIF A'I MARUFI            (SUFU)            9pm - midnight  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>3</b>  <b>Friday            Night Live            Sleepover!</b>  <i>Sanctuary &amp;            Kitchen            until 10am            tomorrow</i></p>	<p align="center"><b>4</b>            (Teen            sleepover            ends 10am)</p>
<p align="center"><b>5</b>            POTLUCK &amp; ANNUAL            MEETING after service</p> <p>Meditation: 9:30am            Adult Forum: 9:45 am</p> <p>11am - 12:30pm Service            Speaker: Barbs Burman            "The Meaning of Lent"            Music: Joyful Noise Choir            7:30pm A Course In Miracles  <i>Mark's Office</i></p>	<p align="center"><b>6</b>            Healing Circle            7 - 8pm <i>Sanctuary</i></p> <p>RIF A'I            MARUFI            (SUFU)            8 - 11pm  <i>Sanctuary +            Kitchen</i></p>	<p align="center"><b>7</b>            Prayer Team            1pm</p> <p>Keeping a True            Lent            7-9pm <i>upstairs</i></p>	<p align="center"><b>8</b>            12:00 Noon            Prayer</p> <p>Wild Bunch AA            8-9:30pm  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>9</b>            Interfaith Worship            7:30 pm  <i>Sanctuary</i></p> <p>RIF A'I MARUFI            (SUFU)            9pm - midnight  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>10</b>  <b>"Surrounded            by Light"            Benefit            Concert for            Mark Malachi</b>            7:30pm            at the Arts            Center in            Carrboro</p>	<p align="center"><b>11</b>            IFC Kitchen            call Simon Kaplan            932-8858            to register</p> <p align="center"><b>Writer's            Group</b>            10am - noon  <i>Chapel</i></p>
<p align="center"><b>12</b>            Meditation: 9:30am            Adult Forum: 9:45 am</p> <p>11am - 12:30pm Service            Speaker: Ferris Buhler            "Spiritual Self Care"            Music: Stillhouse Bottom Band            Building &amp; Grounds Committee meeting            1pm <i>Chapel</i>            7:30pm A Course In Miracles  <i>Mark's Office</i></p>	<p align="center"><b>13</b>            Healing Circle            7 - 8pm <i>Sanctuary</i></p> <p>RIF A'I            MARUFI            (SUFU)            8 - 11pm  <i>Sanctuary +            Kitchen</i></p>	<p align="center"><b>14</b>            Prayer Team            1pm</p> <p>Keeping a True            Lent            7-9pm <i>upstairs</i></p>	<p align="center"><b>15</b>            12:00 Noon            Prayer</p> <p>Lay Ministry Team            7:30pm <i>Chapel</i></p> <p>Wild Bunch AA            8-9:30pm  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>16</b></p> <p>RIF A'I MARUFI            (SUFU)            9pm - midnight  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>17</b></p>	<p align="center"><b>18</b></p>
<p align="center"><b>19</b>            Meditation: 9:30am            Adult Forum: 9:45 am</p> <p>11am - 12:30pm Service  <b>FAMILY SERVICE</b>            Speaker: Machai St.Rain            "The Parable of the Prodigal Son"            Music: Janie Imperial            Board Meeting 1 - 3:30pm            7:30pm A Course In Miracles</p>	<p align="center"><b>20</b>            Healing Circle            7 - 8pm <i>Sanctuary</i></p> <p>RIF A'I            MARUFI            (SUFU)            8 - 11pm  <i>Sanctuary +            Kitchen</i></p>	<p align="center"><b>21</b>            Prayer Team            1pm</p> <p>Keeping a True            Lent            7-9pm <i>upstairs</i></p>	<p align="center"><b>22</b>            12:00 Noon            Prayer</p> <p>Strategic Planning            Team 7 - 9pm <i>Chapel</i></p> <p>Wild Bunch AA            8-9:30pm  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>23</b></p> <p>RIF A'I MARUFI            (SUFU)            9pm - midnight  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>24</b></p>	<p align="center"><b>25</b>            Writer's Group            10am - noon  <i>Chapel</i>            Benefit for Mark            "The Grand            Oneness of All"            Unitarian            Church on            Garrett Rd.            7:30pm</p>
<p align="center"><b>26</b>            Meditation: 9:30am            Adult Forum: 9:45 am</p> <p>11am - 12:30pm Service            Speaker: A.C. Bushnell            "The List"            Music: Tim Carless            Worship Committee 1:30pm</p> <p>Keys of Enoch workshop 2 - 5pm            Women's Vision Circle 5:30 - 7:30pm  <i>upstairs classroom</i>            7:30pm A Course In Miracles</p>	<p align="center"><b>27</b>            Healing Circle            7 - 8pm <i>Sanctuary</i></p> <p>RIF A'I            MARUFI            (SUFU)            8 - 11pm  <i>Sanctuary +            Kitchen</i></p> <p>Affordable            Housing            Social Action            Committee            7 - 8pm <i>Chapel</i></p>	<p align="center"><b>28</b>            Prayer Team            1pm</p> <p>Keeping a True            Lent            7-9pm <i>upstairs</i></p>	<p align="center"><b>29</b>            12:00 Noon            Prayer</p> <p>Wild Bunch AA            8-9:30pm  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>30</b></p> <p>RIF A'I MARUFI            (SUFU)            9pm - midnight  <i>Sanctuary + Kitchen</i></p>	<p align="center"><b>31</b>            Mystical            Jewish            Worship            7:30pm  <i>Sanctuary</i></p>	
<p align="center">  <b>BIRTHDAY CORNER</b>  </p> <p align="center">Happy Birthday to this month's special people: <b>Claudia Kaplan, Zachary Sharpe,            Nancy Smith Krauss, Rex Bradley, Pat Veenema, Julie Cusatis</b></p>						

