

Spirit Express



UNITY CENTER OF PEACE CHURCH

Volume 13, Number 6

June 2007

From the Heart ♥

Dear Friends,

Wherever you are on your journey, you are welcome here.

This is a statement that invites us to come closer and explore what it means to honor where we are on our spiritual path. In the circle of all mystics, there is an understanding that every path can lead to the Divine. Wherever we are we always have the opportunity to awaken to our oneness with our Spiritual Creator. Unity Center of Peace Church is dedicated to this process of spiritual awakening and empowerment.

A way we can all do this is by acknowledging the Light of Truth in each human being regardless of how they are showing up. This in and of itself is only a beginning. We are here to be awake; we are here to act and interact with all of creation in a mindful and joyful way that empowers ourselves and honors the empowerment of others.

Mother Teresa has said, "The biggest disease today is the feeling of being unwanted, uncared for and deserted."

As we recognize the divinity in every person, we also know that Spirit has a purpose for each of us. Our adventure is about the discovery of this divine plan and activating it now and here with whatever is available to us. This is what the Master Teacher, Jesus of Nazareth referred to when he said "The kingdom of heaven is at hand" Not only is each human being on the planet necessary but each one has gifts to give, gifts to receive and lessons to learn.

Part of life's lesson is to recognize and value the contributions of our sisters and brothers in every walk of life, culture, and spiritual discipline. Sometimes this recognition requires some scouting out for some of us take great pains to hide our value and beauty. To perceive the value and beauty of any and everyone is a spiritual art worth refining. This spiritual investment could quite literally bring this planet back into balance and harmony on every level.

We embrace each other and we recognize that this does not mean we embrace dysfunctional or harmful behavior. In no way do we endorse harmful actions as acceptable. Accountability is not something we demand. However, it is something we invite through our thoughts, intentions and interactions. We can know that eventually all of humanity on some level will receive and give the love, acceptance, and wholeness we are here to have and share.

Let us continue to perceive beauty and innate divinity of another person by simply:

- 1. Being willing to see beyond our present understanding.*
- 2. Being willing to call out this goodness with prayer, conversation, and compassionate action.*

Our simple willingness to behold everyone as an awakening being is the essence of welcoming each one wherever they are on their journey. Namaste!

**Movements of Consciousness
with Rev. Elizabeth Thompson
Mondays, June 4 - 25, 7 - 8:30pm**

**Learn techniques of Prayer Treatments, Developing Intuition,
and access Direct Knowing. Sign up on the Bulletin Board.**

In Loving Service and Celebration.

Reverend Elizabeth

Unity Center of Peace Church
8800 Seawell School Rd., Chapel Hill, NC 27516 (919) 968-1854
Email: unitychapelhill@mindspring.com, Website: www.unitychapelhill.org

Regular Business Hours:

Mon. & Tues. 8:30am – 3:30pm, Wed. 11am – 4pm, Thurs. 8:30 - 2:30, closed Friday

Bookstore Hours: Mon. - Thurs. 11am - 2pm, Sun. 10:30 - 11am & 12:30 - 1pm

UCPC Prayer & Care:

24-hour Prayer Line 968-1854, Prayer Box (Front Foyer), Silent Unity (800) 669-7729 www.silentunity.org

Administration

| | | | |
|-------------------|--------------------------------|----------------------|--|
| Minister | Rev. Elizabeth Thompson | (980) 233-8528 | holyhi@earthlink.net |
| Office Manager | Mariah Wheeler | 968-1854 or 942-7477 | unitychapelhill@mindspring.com |
| Music Director | David Richter | 932-7979 | davidrichter@hotmail.com |
| Youth Ed Director | Charlie Johnston | 259-2372 | rocksinger31@hotmail.com |

Board of Trustees

| | | | |
|----------------|-------------------------|----------|--|
| President | Pat Veenema | 308-5653 | pjov54@hotmail.com |
| Vice President | Caroline Demoise | 493-7676 | taichi5@verizon.net |
| Secretary | Chris Egle | 932-5813 | chris@transformspirit.com |
| Treasurer | Greg Louie | 338-2802 | gregory.louie@yahoo.com |
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| Trustee | Mark Malachi | 932-5282 | mmal27@aol.com |
| Trustee | Marilyn Grubbs | 960-2604 | mgrubbs@nc.rr.com |
| Trustee | Rex Bradley | | yahrexa@yahoo.com |

Organizational Spheres

Worship - Intention to express our spirituality

Education - Intention to teach & learn

Inreach - Intention to connect with each other

Outreach - Intention to connect with the community

Development - Intention to grow

Administration - Intention to steward what we have

Building & Grounds

Board Steward: Marilyn Grubbs
Board Steward: Charlie Johnston
Board Steward: Caroline Demoise
Board Steward: Chris Egle
Board Steward: Gregory Louie
Board Steward: Pat Veenema
Board Steward: Rex Bradley

| | | | |
|--------------------|-------------------------|----------------|--|
| Bookstore | Debbie Hall | (336) 525-4224 | debbie.hall@bcbsnc.com |
| Bldg. & Grounds | Rex Bradley | | yahrexa@yahoo.com |
| Earth Partners | Barbara Janeway | 932-4469 | barbjane@yahoo.com |
| Floral Coordinator | Helen Spielman | 929-4520 | hbs@email.unc.edu |
| Finance | Chris Egle | 932-5813 | chris@Transformspirit.com |
| IFC Kitchen | Simon Kaplan | 490-5949 | cskaplan@netzero.net |
| Outdoor Sanctuary | John Glasson | 493-1366 | g123@mindspring.com |
| Prayer & Care | Lorraine Lewis | 967-2215 | lorrainelewis@earthlink.net |
| Sound Team | John Shannon | 304-5589 | shannonj@ix.netcom.com |
| Spirit Express Ed. | Debbie Hall | (336) 525-4224 | debbie.hall@bcbsnc.com |
| Usher Coordinator | Caroline Demoise | 493-7676 | taichi5@verizon.net |
| Webmaster | John Shannon | 304-5589 | shannonj@ix.netcom.com |
| Worship | | | |

Unity Cares

We and Silent Unity are
praying with these folks
in June:

**Anne Bigelow,
Glenn & Betty Boyd,
Diana Breen,
Sylvia Carden,
Marcia Chapman,
Caroline Demoise,
Elizabeth Earle,
Ingrid Moffie,
Karli Rabe,
Patricia Warfel
& Darren Ackerby**

Treasurer's Report May 2007

| | Atten- dance | Tithes | Goal | Ave./ person |
|--------|-------------------------|---------------|----------------|-------------------------|
| 6-May | 52 | \$1,704.00 | \$2,000 | \$32.77 |
| 13-May | 76 | 1,800.75 | 2,000 | 23.69 |
| 20-May | 50 | \$1,970.54 | 2,000 | 39.41 |
| 27-May | | | 2,000 | |
| Totals | | | \$8,000 | |

Rev. Elizabeth Thompson Office Hours

Sunday 1 - 4pm or by appointment
Monday 10am - 6pm or by appointment
Tuesday 10am - 5pm or by appointment
Wednesday - Saturday - on call
for prayer or emergency

Home phone: (980) 233-8528
email: holyhi@earthlink.net

Counseling by Love Offering.

For appointments:
call UCPC Office: (919) 968-1854, or email:
unitychapelhill@mindspring.com.

Unity Center of Peace Church

**Address: 8800 Seawell School Rd., Chapel Hill, NC
27516**
email: unitychapelhill@mindspring.com
website: www.unitychapelhill.org

**Please check our website
updates and articles**

Board Bulletin June 2007

I am experiencing a great deal of satisfaction as leader and facilitator of the board of trustees. We are working very well as a team and have made a great deal of progress this past month!

I celebrate the positive effects of the Healing Circle! It was a very touching, effective release of the past and it marks the beginning of positive forward movement in our church community. I have felt an upward momentum ever since! We could feel it at our last community meeting and in our recent worship services and classes!

We have almost completed our assessment of active membership, by calling everyone on the mailing list. If you have been attending and supporting church activities in the past year, but did not receive a call, and please let me know you want to be considered an active (voting) member. We will be celebrating our new and renewed members on June 3.

If you have been to the church recently, you have seen the wonderful outdoor beautification! Thanks to all the cheerful hard workers! We learned, once again, that working together builds friendships. Which brings me to a new thought we're kicking around: How about a service project such as Habitat for Humanity? We would love to see someone step forward and coordinate some type of community service endeavor.

I am happy to report that we are again practicing the act of "tithing out." A few months ago, we had discontinued the practice, but we are now giving to the Association of Unity Churches, Silent Unity, UMMAS (our regional Unity organization) and, on the fourth and fifth Sundays, to a local organization that we appreciate. Last month, we sent a check with a note of appreciation for Catherine Padgett and Steele Smith to Unity Church of Greensboro. This month we gave to IFC of Chapel Hill. If you have a desire to share our prosperity with a local organization, please talk to one of the trustees.

We are working with our bank to convert our loan to a lower, fixed interest rate, which will cost us almost nothing and save us about \$150.00 per month. At our next community meeting, on June 10th, we will share with you the wonderful changes about to take place inside the building, inspired by our "spacemeisters" team, clarify the terms of Elizabeth's contract and ask your input as we begin to think about a permanent minister.

As a board, we are brainstorming and strategizing about our future. We have increased our meetings, temporarily, to two per month. Next month our meetings are on June 3 and 17. All meetings are open. If you wish to present something to us, please contact me ahead of time. We are always only a phone call or email away, and we want your input.

In appreciation for all your gifts,

Joyfully, *Pat Veenema*

Pre-register by June 4

Dream Workshop
Sat., June 9, 9:15am - 4:30/5pm
with Jerry Lazaruz

The Wisdom of Dreams workshop will give you an understanding of the nature of dreams, and provide you with a foundation of dream work. Did you know that there are 14 purposes for which dreams come to us? Actual dream examples will be used.

To further your ability to interpret and apply dream messages, you will learn the four stages of dream work. We will look at ways in which dreams come to warn us about different areas of our life, alert us to opportunities, nudge us to take a course of action, deal with grief, give us insights into our career/vocation, among others.

Participants in this workshop are welcome to attend subsequent dream group meetings at UCPC.

Workshop Fees: My primary goal is to offer seekers the freedom to attend without financial burden. Therefore, you may make a free-will offering. The suggested donation is for \$110 per person. All are invited to attend.

June Activities

Mondays:

Healing Circle, 7 – 8pm, Sanctuary or Chapel

**Movements in Consciousness
7 - 8:30pm, Sanctuary or Chapel**

Tuesdays:

Noon Prayer - Silent Unity, Minister's Office

**Planetary Awakening: Taking Off Masks
June 5 - 26, 7 - 8:30pm, Sanctuary,**

Wednesdays:

A Course in Miracles, 7 - 8:30, Chapel

Thursdays:

**Choir Rehearsal, May 31, Jun. 7 & 28,
6:30 - 8pm, Sanctuary**

**Interfaith Chanting led by Mark Smith &
Mark Malachi, June 21, 7:30pm, Sanctuary**

Friday:

**N
ew
Jewish Erev Shabbat Worship Service
June 29 & last Friday of every mo.,
7:30pm, Sanctuary**

Saturday:

**Dream Worship with Jerry Lazarus
June 9, 9:15am - 5pm, Sanctuary**

Sunday:

**New Member & Member Renewal Sunday!
June 3, Sanctuary**

**Potluck & Community Meeting June 10
12:30 - 2:45pm, Kitchen, Deck, Sanctuary**

**Board Meeting June 3 & 17, 1 - 4pm,
Chapel**

**Byron Katie Study Circle, June 24, 7pm
Sanctuary**

**A Course in Miracles, ongoing, Sundays,
7:30pm, Chapel**

**Adult Forum, ongoing, Sundays,
9:45 - 10:45am, Chapel**

**Youth Education, ongoing, Sundays
11am - 12:30pm, Chapel**

PLANETARY AWAKENING: TAKING OFF THE MASKS facilitated by Sheila Dempsey

TUESDAYS, JUNE 5th to JUNE 26th
7:00 to 8:30 p.m., Chapel

\$10 Love Offering, 100% to UCPC

We are now in the midst of the most extraordinary and far-reaching awakening of consciousness that this planet has ever witnessed. As consciousness is transformed, we are beginning to wake up from our "waking dream" to remember the truth of who we really are: magnificent, powerful beings of Spirit's light who are co-creative partners with the divine. An integral part of our awakening is the process of becoming aware of the masks we wear – both the human mask the soul wears and the many personality masks the ego wears. Our masks represent our attachment to self-images and identifications that serve to protect our sometimes fragile sense of self; therefore, they are rooted in fear. And they persist until we can bring them into awareness with compassion. Ultimately our masks keep us separate from the reality of our own deepest feelings and from the memory of our true identity.

When we can have compassion for ourselves and the masks we have clung to, we can begin the process of taking them off. We can begin to come back to the memory of the original purity and innocence and limitless potential that we came into this world with. We can then enjoy the true freedom and joy that living an authentic life allows.

The class will combine theoretical discussion, experiential exercises, and meditative work to allow participants the opportunity to pay gentle, loving attention to the masks we all wear and to facilitate the process of remembering the true Self.

In a healthy state, the Being behind all being... the Great Spirit behind all of creation is experienced as your primary sense of self. Your ego does not have to be repressed or transcended for this to happen. It does not have to die. It simply has to assume appropriate relationship with *the spirit that in truth you are...* (Ken Carey, in *Return of the Bird Tribes*)

For more information, please contact Sheila Dempsey at (919)265-3375 or SDBrulee@aol.com.

New - to be held 4th Friday of each mo. beginning June 29, 7:30 (begins promptly) - 9pm
Jewish Erev Shabbat Worship Service
Led by Mark Malachi

This will be a worship service in which we will chant and recite Hebrew prayers from a liberal approach to Judaism. Everyone is welcome!


A Course in Miracles:

Sundays at 7:30pm with Kellie Love.
Wednesdays at 7pm with Caroline Wood.
For more info.

Kellie Love - kllove39@aol.com or 919-383-6539.
Caroline Wood - (919) 967-2369 or
cwoo2369@bellsouth.net

Unity Center of Peace Church

June 2007

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| UNITY CARES <i>We pray with these people during the month of:</i> Anne Bigelow, Glenn & Betty Boyd, Diana Breen, Sylvia Carden, Marcia Chapman, Caroline Demoise, Elizabeth Earle, Ingrid Moffie, Karli Rabe, Patricial Warfel & Darren Ackerby | | | | | 1 | 2 |
| 3 Adult Forum: 9:45 am NEW MEMBER SUNDAY Worship Service 11am - 12:30pm Speaker: Rev. Elizabeth Thompson "Welcome Home to Your Heart" Music: Mark Smith, Mark Malachi & Friends 7:30pm A Course In Miracles <i>Chapel</i> | 4 Healing Circle 7 - 8pm, <i>Sanctuary</i> Movements of Consciousness 7 - 8:30, <i>Sanctuary</i> | 5 Noon Prayer 12 - 12:30pm Planetary Awakening 7 - 8:30pm <i>Sanctuary</i> | 6 A Course in Miracles 7 - 8:30pm, Chapel Wild Bunch AA 8 - 9:30pm | 7 Choir Rehearsal 6:30 - 8:30pm <i>Sanctuary</i> | 8 | 9 IFC Kitchen call Simon Kaplan 490-5949 to register Dream Workshop Jerry Lazarus 9:15 am- 5pm <i>Sanctuary</i> |
| 10 Adult Forum: 9:45 am Worship Service 11am - 12:30pm Speaker: Rev. Elizabeth Thompson "God Systems Order Birth Synergy" Music: Joyful Noise Choir Potluck & Healing Circle 12:30 - 2:45pm 7:30pm A Course In Miracles | 11 Healing Circle 7 - 8pm, <i>Sanctuary</i> Movements of Consciousness 7 - 8:30, <i>Sanctuary</i> | 12 Noon Prayer 12 - 12:30pm Planetary Awakening 7 - 8:30pm <i>Sanctuary</i> | 13 A Course in Miracles 7 - 8:30pm, Chapel Wild Bunch AA 8 - 9:30pm <i>Sanctuary + Kitchen</i> | 14 | 15 | 16 |
| 17 Father's Day Adult Forum: 9:45 am Worship Service 11am - 12:30pm Speaker: Rev. Elizabeth Thompson "Law of Harvest" Music: The Transzenders Board Meeting 1 - 4pm, <i>Chapel</i> 7:30pm A Course In Miracles | 18 Healing Circle 7 - 8pm, <i>Sanctuary</i> Movements of Consciousness 7 - 8:30, <i>Sanctuary</i> | 19 Noon Prayer 12 - 12:30pm Planetary Awakening 7 - 8:30pm <i>Sanctuary</i> | 20 A Course in Miracles 7 - 8:30pm, Chapel Wild Bunch AA 8 - 9:30pm | 21 Spring Equinox Interfaith Chanting 7:30pm <i>Sanctuary</i> | 22 | 23 |
| 24 Adult Forum: 9:45 am Worship Service 11am - 12:30pm Speaker: Rev. Elizabeth Thompson "Attraction or Distraction, Which?" Music: Mark Malachi Byron Katie Study Circle 7pm, <i>Sanctuary</i> 7:30pm A Course In Miracles | 25 Healing Circle 7 - 8pm, <i>Sanctuary</i> Movements of Consciousness 7 - 8:30, <i>Sanctuary</i> | 26 | 27 A Course in Miracles 7 - 8:30pm, Chapel Wild Bunch AA 8 - 9:30pm | 28 Choir Rehearsal 6:30 - 8:30pm <i>Sanctuary</i> | 29 Jewish Erev Sabbat Worship Service 7:30 - 9pm <i>Sanctuary</i> | 30 |
|  | <h2 style="color: red;">Happy Spring</h2> | | | | | |

Next Week! June 3

Member Celebration Sunday

Welcoming New Members - Yeah!!!

+ Honoring Renewing Members - XOXOO!

Here's an opportunity to join UCPC as a New Member or to renew your commitment to this loving, dynamic spiritual community.

5 Unity Principles

1. There is only one Presence and one Power active as the universe and as my life, God the Good.
2. Our essence is of God; therefore, we are I inherently good. This God essence was fully expressed in Jesus, the Christ.
3. We are co-creators with God, creating reality through thoughts held in mind.
4. Through prayer and meditation, we align our heart-mind with god. Denials and affirmations are tools we use.
5. Through thoughts, words and actions, we live the Truth we know.

UNITY CENTER OF PEACE CHURCH
8800 Seawell School Road, Chapel Hill, NC 27516
www.unitychapelhill.org
June 2007

to Save money and trees!

We are now publishing Spirit Express on our website rather than printing for postal mail. Let us know if you absolutely can't access it on the web!

