

Spirit Express



UNITY CENTER OF PEACE CHURCH

Volume 13, Number 1

January 2007

From the Heart ♥

Who would have thought that we **could** find a divine personality - **existing on a deeper level than** our human personality - living within our consciousness, to which we could turn and completely surrender with total confidence?

Divine Christ Presence (Source Energy Presence) is totally capable of thinking and forming our lives for us. We can develop complete confidence in this omni-omni-omni divine activity and become a non-operative observer enthralled by the unfolding. We can dive into "I AM" within and release the reigns.

Explore the Silence within you for confirmation through experience of this Presence of Christ. (Source Energy Presence)

Michael

Board Bulletin

Blessings, everyone!

What a fabulous and invigorating time we are having at UCPC! The experiences we have attracted are so rich! Rev. Erin McCabe has declared her YES! to serve as our Temporary Minister (with the possibility of a more permanent position after one year), and is ready to begin the first week in February or sooner. Currently the Board of Trustees is negotiating with Rev. Erin the details of our contract agreement. We will make a full report at the January 14th Community Meeting.

All this activity means we have a lot to envision, allow, and experience. We have begun our "Epiphany" campaign to raise \$5,000 to cover Erin's moving and continuing education expenses, etc. We have all declared our support and enthusiasm for Erin. Now is our opportunity to connect with the prosperity that this enthusiasm brings through our contributions.

Remember the "Giving Tree" campaign and the letter and envelope we all received? I hope you have joined me in already sending in your financial gift to your church, because it is our gifts that keep our church going strong!

It is through the energy of our YES! that our giving is prosperous, and our receiving is abundant. We have attracted to us the perfect minister, the perfect people, and the perfect support for this church that is in the Highest Good for all! Thank you, God.

Namaste,

Barbs Burman, President
UCPC Board of Trustees

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Email: unitychapelhill@mindspring.com, Website: unitychapelhill.org

Regular Business & Bookstore Hours:
Mon., Wed. Fri. 9am – 2pm, Tues. & Thurs. 11:00 am – 4:00pm
Additional Bookstore Hours: Sun. 10:30 - 11am & 12:30 - 1pm

Administration

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Youth Ed	Machai St. Rain	636-2237	machaisaintrain@yahoo.com

Board of Trustees

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Member	Michael McCluskey	968-1854 or 593-5939	mjmcc1@aol.com

Organizational Spheres

Worship - Intention to express our spirituality
Education - Intention to teach & learn
Inreach - Intention to connect with each other
Outreach - Intention to connect with the community
Development - Intention to grow
Administration - Intention to steward what we have

Board Steward: Pat Veenema
Board Steward:
Board Steward:
Board Stewards: Julie Cusatis
Board Steward: Barbs Burman

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	Michael McCluskey	932-3892	mjmcc1@aol.com
Usher Coordinator	Bobbie Hayes	929-3467	
Worship	George Sharp	402-4226	

OUR VISION

Unity Center of Peace Church is a community that acknowledges the sacredness in all creation manifested through the Christ Consciousness within each of us. We live in honesty and integrity. We are a self-creating community that constantly evolves as the individual members grow and change.

OUR MISSION

The Mission of Unity Center of Peace Church is to be a safe space and community for all of us to honor our likenesses and differences as expressions of Divine Love. We express this love by creating a balance between inner being and outer actions.

~THE SECRET~

**~Free Movie and Discussion ~
 Fri.~ January 5th~ 7pm at UCPC**

The Secret is a powerful and life transforming film.

An eloquent mosaic of insight and enlightenment from today's leading edge thinkers and creators, including--Esther Hicks of *Ask and it is Given*--Jack Canfield--Neal Donald Walsh of *Conversations with God*--John Haglin--John Gray and others.

The Secret reveals the seemingly hidden laws of creation and illuminates the way to consciously and joyfully create the life you want and avoid unconsciously creating what you don't want.



Treasurer's Report December 2006

	Atten- dance	Tithes	Goal	Ave./ person
3-Dec	90	\$1,843.00	\$1,375	\$20.48
10-Dec	72	1,294.00	1,375	17.97
17-Dec	69	1,521.00	1,375	22.04
24-Dec	55	1149.00	1,375	20.89
24-Dec 2	76	503.00		6.62
31-Dec	54	896.00	1,375	16.59
Totals		\$7,206.00	\$6,875	\$17.32

The Kennedys in Concert

(Pete and Maura, folk/pop troubadours extraordinaire)

Saturday, January 20 at Unity Community Coffeehouse (a.k.a. UCPC)

Potluck at 6:45, show at 8pm, Mark Smith opens at 7:30. For tickets/more info. call 929-1135.

Heartbeat Soukous Workshop with Pete and Maura Kennedy. From 2 - 4pm

Saturday Jan. 20, in Chapel Hill (location TBA). For guitars, percussion and any other instruments. - Size will be limited,

register by calling Mark, 929 1135; \$40!!

"Soukous is a joyous style of African music that features several guitars playing simple, melodic riffs. The resultant counterpoint is a marvelous groove-based mini-symphony that is deceptively simple to construct. It's all in the interplay of the guitars, and the jam usually takes on a life of its own. For players of all levels. Bring your guitar, percussion, bass, and anything else welcome. We'll also teach some guitar yoga at the beginning of class to get everyone's hands warmed up. These are simple exercises that everyone can take home with them and use throughout their guitar-playing lives."

The Work of Byron Katie

A free introductory workshop facilitated by Kathleen Hannan

Sun., January 28th 1:30 - 3:30 pm at UCPC.

Dear Friends

I invite you to this free introductory workshop as my thank you to you for your support for my music, and to thank you for all the good work you do in the world.

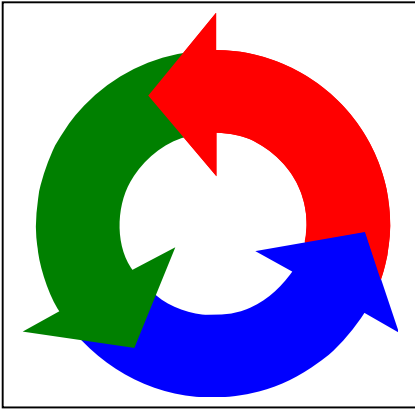
Five years ago my partner and I were on the verge of splitting up. As many of you know, our work with the simple and profound process developed by Byron Katie turned our relationship around into a loving, joyful experience that has continued that way for almost four years now. The work also regularly brings me into a beautiful deepening connection to myself and to my entire world, including you! Doing Katie's "work" with others keeps it vibrant and alive in my life, so I love sharing it in as often as I can. I have never before seen such a simple and direct route to both inner and outer peace. Please send this invitation on to anyone who might be interested, and write to me if you have any questions. Love, Kathleen Hannan 919-644-1592

Byron Katie is the author of Loving What Is. Scroll down to find out more about Katie's work and her life. You can also check out her website at www.thework.com

Four Questions and a Turnaround with which to examine your stressful thoughts

1. Is it true?, 2. Can I absolutely know that it's true? 3. How do I react when I think that thought? 4. Who would I be without that thought? Now turn the original statement around; Is the turnaround as true or truer than your original thought?

Byron Katie was lying on the floor of a halfway house after many years of a very unhappy angry life. She woke up one morning and saw a cockroach crawling on her foot. Suddenly she recognized with absolute clarity that the situation of having a cockroach on her foot was not a problem. Only her thoughts about the cockroach could make her suffer! At that point Katie's mind spontaneously began to inquire into all her stressful thoughts, and as she examined them one by one, she realized that none of them were true. Katie went on to develop the four questions and a turnaround in order to help people enter the kind of self- inquiry that her mind had done spontaneously. The Work is a simple succinct process which has brought people all over the world into a deeper awareness of what is really True. When asked about it, Katie says, "I'm not enlightened. I'm just someone who knows the difference between what hurts and what doesn't hurt."



What on Earth is Happening?

I wonder if you find it hard to look.

I'm talking about something that the human ancient brain is not programmed to respond to, because it doesn't look like an immediate threat. So, in order to look at it, we must evolve our brains. We must help each other to wake up to this issue: We are all in it together about global warming, and it isn't going to go away without our intervention.

Why is This a Spiritual Issue for our Church?

Thomas Berry, Catholic priest, historian and environmentalist, says: the church has many ministries, to uplift and inspire, to reach the poor, the downhearted. Imagine that all the recipients of this ministry are in a life raft. The life raft represents our Earth. What long-lasting effect can our ministries have if the life raft itself is sinking?



I want to involve our new minister in a conversation, and it will go something like this: How can every member of this church become aware of the intimate connection between our spirituality and our everyday activities to protect and clean up the earth? How can we educate ourselves to make the correct life choices that actually begin to heal the planet? How can we take the focus from 'just our own spiritual welfare' to 'our spiritual welfare has everything to do with the welfare of this Earth'? How can people realize that engaging in direct action on global warming will **galvanize and inspire you** in surprising ways?

It has happened to me. I share with you that I used to wake up depressed. Now I wake up fired up to go to work on the issue every day, and have met new people, made presentations to groups, learned new skills. This situation **is an emergency** and there are lots of wonderful positive adrenaline rushes as you go to work on it! It can change your life in good ways.

One way to learn more is an upcoming series of events: they will take place at Chapel Hill's Community Church on Purefoy Rd, beginning in January. There will be films, presentations, classes and workshops on: 'our spiritual awakening as we awake and act on global warming'. Look for more info. on this, in our church bulletins and the February Spirit Express.

Barb Janeway,
UCPC Earth Partners

January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> BIRTHDAY CORNER  This month's celebrants:</p> <p>Paula Shile, Bart Urbanski, George Sharp, Gaines Steer, Caroline Wood, Tommy Talbott, Anna Washington, AC Bushnell, Helen Dannatt</p>	<p>1 Super Soul Yoga until 1 am</p> <p>Healing Circle 7 - 8 pm Sanctuary</p> <p>RIF A'1 MARUFI (SUFU) 8 - 11 pm Sanctuary + Kitchen</p>	<p>2</p> <p>Minister's Workshop 7 - 9pm</p>	<p>3 Noon Prayer</p> <p>Tai Chi 6:45 - 7:45 pm <i>Sanctuary</i></p> <p>A Course in Miracles 7 - 8:30 pm Chapel</p> <p>Wild Bunch 8 - 9:30 pm</p>	<p>4</p> <p>Choir Rehearsal 7:30 - 9 pm</p> <p>RIF A'1 MARUFI (SUFU) 9 pm - 12 am Sanctuary + Kitchen</p>	<p>5</p> <p>The Secret showing at 7pm</p>	<p>6</p>
<p>7 Adult Forum: 9:45 am Worship Service 11 am - 12:30 pm Speaker: Michael McCluskey "What's the Good Word?" Music: Maryphyllis Horn</p> <p>7:30 pm A Course In Miracles <i>Minister's Office</i></p>	<p>8 Healing Circle 7 - 8 pm Sanctuary</p> <p>RIF A'1 MARUFI (SUFU) 8 - 11 pm Sanctuary + Kitchen</p>	<p>9</p> <p>Minister's Workshop 7 - 9pm</p>	<p>10 Noon Prayer</p> <p>Tai Chi 6:45 - 7:45 pm <i>Sanctuary</i></p> <p>A Course in Miracles 7 - 8:30 pm Chapel</p> <p>Wild Bunch 8 - 9:30 pm</p>	<p>11</p> <p>Choir Rehearsal 7:30 - 9 pm</p> <p>RIF A'1 MARUFI (SUFU) 9 pm - 12 am Sanctuary + Kitchen</p>	<p>12</p>	<p>13 IFC Kitchen call Simon Kaplan 932-8858 to register</p>
<p>14 Adult Forum: 9:45 am Worship Service 11 am - 12:30 pm Speaker: Michael McCluskey "The Forgotten Highway" Music: Joyful Noise Choir</p> <p>POTLUCK & Community Meeting 12:30 - 2:45 pm</p> <p>A Course In Miracles 7:30 pm</p>	<p>15 Healing Circle 7 - 8 pm Sanctuary</p> <p>RIF A'1 MARUFI (SUFU) 8 - 11 pm Sanctuary + Kitchen</p>	<p>16</p> <p>Minister's Workshop 7 - 9pm</p>	<p>17 Noon Prayer</p> <p>Tai Chi 6:45 - 7:45 pm <i>Sanctuary</i></p> <p>Lay Ministry Team 7pm</p> <p>A Course in Miracles 7 - 8:30 pm Chapel</p> <p>Wild Bunch 8 - 9:30 pm</p>	<p>18 Interfaith Worship 7:30 pm <i>Sanctuary</i></p> <p>RIF A'1 MARUFI (SUFU) 9 pm - 12 am Sanctuary + Kitchen</p>	<p>19</p>	<p>20 The Kennedys in concert 8 - 10 pm</p>
<p>21 Adult Forum: 9:45 am Worship Service 11 am - 12:30 pm All Music Sunday!</p> <p>Board Meeting 1 - 4pm</p> <p>7:30 pm A Course In Miracles <i>Minister's Office</i></p>	<p>22 Healing Circle 7 - 8 pm Sanctuary</p> <p>RIF A'1 MARUFI (SUFU) 8 - 11 pm Sanctuary + Kitchen</p>	<p>23</p> <p>Minister's Workshop 7 - 9pm</p>	<p>24 Noon Prayer</p> <p>Tai Chi 6:45 - 7:45 pm <i>Sanctuary</i></p> <p>A Course in Miracles 7 - 8:30 pm Chapel</p> <p>Wild Bunch 8 - 9:30 pm</p>	<p>25</p> <p>RIF A'1 MARUFI (SUFU) 9 pm - 12 am Sanctuary + Kitchen</p>	<p>26</p>	<p>27</p>
<p>28 Adult Forum: 9:45 am Worship Service 11 am - 12:30 pm Speaker: Beverly Bockover "Starting Over & Over & Over Again" Music: The Transzenders</p> <p>Kathleen Hannan's Byron Katie Workshop 1 - 3:30 pm</p> <p>Women's Vision Circle 5:30 pm potluck, meeting 6 - 8 pm</p> <p>7:30 pm A Course In Miracles <i>Minister's Office</i></p>	<p>29 Healing Circle 7 - 8 pm Sanctuary</p> <p>RIF A'1 MARUFI (SUFU) 8 - 11 pm Sanctuary + Kitchen</p>	<p>30</p> <p>Minister's Workshop 7 - 9pm</p>	<p>31 Noon Prayer</p> <p>A Course in Miracles 7 - 8:30 pm Chapel</p> <p>Wild Bunch 8 - 9:30 pm</p>	<p>UNITY CARES We pray with these people during the month of January:</p> <p>John Arnold, Lorea Civiok, Chris Egle, Mike & Cynthia Flowers, Bobbie Hayes, Jeanne Moskal, Nancy Peacock, C.W. Shaw, Arlene Smart, Nora Speight, Yary Westoreland, Rebecca White</p>		

UPCOMING EVENTS NOT TO MISS

* **The Secret**
showing at 7pm in Sanctuary
Friday, Jan. 5

* **Potluck & Community Meeting**
Sunday, Jan. 14, 12:30 - 2:45 pm

* **Interfaith Worship Service**
Thursday, Jan. 18, 7:30 - 9 pm

* **The Kennedys in concert**
Saturday, Jan. 20, 8 - 10 pm
The Kennedys play at Sunday service Jan. 21 &
then present a workshop until 2pm

* **Kathleen Hannan's Byron Katie Workshop**
Sun. Jan. 28, 1 - 3:30 pm

* **Women's Vision Circle**
Sun., Jan. 28
potluck 5:30 pm, meeting 6 - 8 pm



Happy New Year!

Interim Minister: Michael McCluskey

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Mariah Wheeler, Office Manager

968-1854, email: unitychapelhill@mindspring.com

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24-hour Prayer Line 968-1854

Prayer Box (Front Foyer)

Silent Unity (800) 669-7729 www.silentunity.org

Email newsletter submissions to editors:

Debbie Hall, pause4health@yahoo.com, and

Michael McCluskey, mjmcc1@aol.com by the 10th of month.

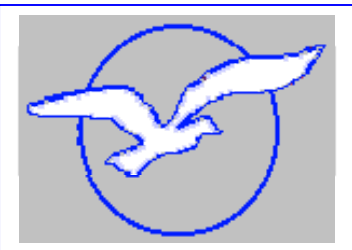
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To remove your name from our postal mailing list,
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www.unitychapelhill.org

January 2007



Save money and trees!

*Please let us know if you
can receive and read Spirit
Express by email rather
than via postal mail.*

UCPC is a Member of the Association of Unity Churches